ANTI-BULLYING POLICY

After much input from all staff and pupils of Law Primary, here is our Anti Bullying Policy.

What is bullying?

Our definition is; when someone again and again does something to cause fear or upset to someone else.

The bully tends to know exactly what hurts his/her victim and does it to distress them. It may be physical, verbal or just something that causes fear.

It is not an easy word to define and can be misused…..

It is not to be confused with teasing or a one-off incident when you fall out with someone.

Why are there bullies?

Usually because the bullies themselves are angry or sad or jealous or scared and don’t really know what to do about it. They don’t know good ways of getting on with people. They are hurting in some way and are trying to shift the hurt - like banging your head when you’ve got toothache!

The bully just shifts the hurt.

What are we going to do?

We are applying an Anti-bullying Policy because –

a) Bullying makes the VICTIM unhappy.

b) The BULLY remains unhappy although he/she has tried to shift their unhappiness to the VICTIM.

c) Bullying makes the SCHOOL unhappy because it is a place where FEAR, DREAD and UNHAPPINESS can live.

With our policy we can change things.

a) The VICTIM will be helped. We will listen and get the bullying to stop.

b) The BULLY will be dealt with and we will help him/her sort out their unhappiness.

c) The SCHOOL will become a happier place where people care about each other.
What you, the pupils can do.....

You CAN help...
You must tell if it is happening to you....
You must tell if you know it is happening to others....
You must tell a friend, a parent, an adult, a teacher.....

REMEMBER! TELLING is different from TELLING TALES.

TELLING is what you do when you are worried and need help for yourself or someone else.

TELLING TALES is what you do when you just want to get someone else into trouble.

ACTION

We will keep a file on incidents of bullying.
This will act as a record so we know who is carrying out the bullying and who the victims are.
It will show what action we have taken and allow us to check that it doesn’t continue or crop up again.
We will speak with the VICTIM. We’ll help in any way we can and reassure them they will be protected.
We will inform their parents if they do not already know.
We will deal with the BULLY. If it is in the playground we will make a start by not letting them play with anyone else for a stated period. They may have to have a playtime at a different time for a while. We may also keep them in school for 5 minutes, by which time the rest of the school will have dispersed. (Parents will be notified of this.) We will also try to help them and find out why they have to do this. We will speak to the adults who live with them and bring them into school to help.