

### Welcome Back

It is only day 3, so we keep our fingers crossed, but the school is such a peaceful, calm environment with a lovely buzz of children busy in learning activities. Our P7 pupils have risen to the challenge of dedicating themselves to supporting our P1 children. Next week we will build in a little more structure so they will have time apart too so P1 can gel together. The mobile unit, although its exterior is quite unsightly, is actually quite pleasant inside, it is a large bright space that the class are enjoying.

As the grass around the new unit has been replanted can I ask that everyone stays off this grassy area to allow it to re-establish.

### Staffing Update

We welcome Miss Rachel Smith as our P4 teacher and Miss Ruth Torrance as our P3 teacher to school. It is with sadness we announce that Mrs Angela Hoggan, our cleaner for the last 15 years will be leaving us next Friday. We will have a special goodbye assembly on Friday. Miss Howie got married over the summer break and will return from honeymoon to the nursery as Mrs McGuigan.

### Free School Meals and Milk

Our P1-5 pupils receive free school meals as part of a government initiative but if you feel you are eligible to apply for a free school meal and clothing grant (which will also give your child free milk and access to clothing grants and other benefits in school) please click on the following link for information and apply online.

[How to apply or renew free school meals and school clothing grants | Free school meals and clothing grants | East Lothian Council](#)

### Meet the Teacher P1-P7

Save the Date- Wednesday 7<sup>th</sup> September 6-8pm. This will be an opportunity to all families to have a look around the school, including the new unit, meet your child's teacher and spend some time in your child's classroom specifically. P1 families will have some curriculum input specific to P1 and everyone is invited to a 20-30 minute Headteacher Presentation too. Specific timings for each element will be with you soon.

### PE Day

P1 to P7 have Miss Gillies the PE specialist on a Tuesday. This starts next week. P2-P7 should arrive in their PE kit ready for PE with a school jumper, if they have one. P7 should bring their kit with them, they will have the opportunity to change for PE. PE this term is usually outdoors. Each class will also have an additional PE session with their class teacher but the day has not yet been confirmed.

### Vision Values Aims

It is timely to state as a reminder and the start of the year our vision, values and aims.

Values: **KINDNESS, RESPECT, CO-OPERATION**, INCLUSION, CURIOSITY and POSITIVITY

Vision: Simple as ABC: Achieve- Belong- Care

The vision & values are embodied in the aims:

- We see a school that is a thriving, vibrant learning community where potential is realised and nurtured through partnerships.
- We see a school where every person is highly prized, treated as an individual with kindness and dignity.
- We see a school that is dedicated to the highest levels of achievement and attainment, where we use our talents, skills, abilities and energies to affect those around us; locally and globally because we know we can make a difference.
- We see a school that is constantly innovative that equips, supports and empowers this generation for the future, where leadership capacity is encouraged.
- We see a school where everyone can belong.

### **A message from ELVIS Kids**

*Dear Parent/Carer*

*Recently, we published evidence that nasal irrigation with salt water helped reduce the cold in adults. We have also shown the mechanism for how salt water helps with the common cold when applied on the nasal epithelium. Our research showed that cells use the chloride from the salt water to fight viral infections. Hence, we are now testing if salt water nose drops helps children fight the cold.*

*If you have a child under 7 years of age, you may be able to join the fight.*

*The Children's Hospital in Edinburgh are doing a study of salt water nose drops to see if it helps get rid of the cold faster. Your child does not need to have a cold right now to take part!*

*You can join right now by calling/texting 07973657457 for an appointment to sign up and to be taught what to do the next time your child has a cold.*

*Your child does not need to attend.*

*Families completing the study will receive travel expenses and a £30 voucher to compensate for any inconvenience.*

*Further information is available at [www.elviskids.co.uk](http://www.elviskids.co.uk) ; Twitter: @elviskids; Facebook: Elvis Kids.*