

**Safe
Active**

**Healthy
Respected**

**Achieving
Responsible**

**Nurtured
Included**

HEALTH & Well Being

Welcome to our Health and Well being Newsletter

In our School Improvement Plan we have identified that we will make use of the eight Wellbeing themes to identify what aspects are being developed as part of our ethos and climate for learning.



As a school we want all our families to be in contact whenever they need to. We will try to ensure that we keep you up to date with what is happening in school and where possible will let you know in advance so you have all information in good time. We positively encourage you to contact us when there is a need. There are lots of ways to get in contact – by telephone, email or in person. We know that sometimes you may need to talk to someone in the office and for many families first thing in the morning is ideal as you may be dropping children off at school. If at all possible could we please request that all children have come in from the playground before you come into the reception? It can become congested with pupils, staff and families which results in children taking longer to get into class. We aim to have children settled in class and busy learning as soon as possible. It also means the office staff are better able to attend to your enquiry.

If your child is not able to attend school—please let the office know.



We have a dedicated absence line:

 07721 922504

You can leave a message before 8.30am and the class teacher will be informed.

As a staff we have discussed our website and twitter account. We hope to look at how we can best share information about the learning in school but also use these as a means to keep families updated about forthcoming events.



whatsonatcampie

Campie Primary School

<http://www.edubuzz.org/campie/>

These are the basic requirements for all children and young people to grow and develop and reach their full potential.



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Ready to Learn

We have a number of staff who are in the playground in the morning – this helps to support a smooth transition into classes. However please be aware, in the first instance the responsibility for children prior to 8.50am lies with parents and guardians. Where appropriate a member of the staff team would of course provide support and guidance – please do not hesitate to approach if you need their assistance.

Healthy



Snack and Drinks

We encourage children to make healthy food choices and children are able to drink water throughout the school day. Children bring lots of lovely snacks into school - please remember that we would like our school to be as 'nut free' as possible. For some children there is an increased risk of an allergic reaction to nuts, and having no nuts in school minimises the potential of any child having a severe reaction.

We would like to provide a bin in the playground so adults coming to drop off or pick up children can dispose of any litter safely. However in the past some birds liked to 'raid' the bins! We will try to source a bin that keeps the gulls out – meanwhile the nearest bin is just outside the school gate.

Active

Our Playground: A safe space to play and learn.

We are always keen to encourage walking, cycling and scooting to school although we appreciate that this is not always possible. We hope to support the P6s and P7s this session by providing Cycle Proficiency Training, (please see our website for details of training and contact us if this is something you would like to volunteer for.) However we do need to ensure that at the beginning and the end of the day everyone is as safe as they can be. The playground is very busy at these times and can we please ask that children who have scooters and bikes do not scoot and ride until after the school gates and are still alert to pedestrians around them.



Learning Outdoors

As well as making good use of all the spaces inside school we like to access our playground for a large number of activities. It might be an active literacy or numeracy task or linked to our topic. We hope to access the playground throughout the session so we need to make sure that we have suitable clothing and footwear that we can use if we are venturing outside to learn. Some of our activities might be at the end of the school day—so if you arrive to pick up your child and spot a class making use of the outdoor space please can you give us lots of space to complete our tasks.

During the colder and wetter months, **where appropriate** we will also encourage children to be outside during break and lunch. Staff will remind children to wear jackets and fasten zips and buttons. When the weather is really wet and blustery we will have the children inside.

We do have some spare clothing for the occasions when it is needed—if you have any donations of waterproof clothes or wellies that are in good condition then we can add to our stock. Children are welcome to bring umbrellas when walking to school on these days—however as playground is a busy active space, during break and lunch they will be encouraged to use their hoods and hats to keep dry and warm.

Safe Play

At the end of the school day a number of children like to climb on the school gate. Much as we like to encourage the children to be active we would prefer they use the Trim Trail or other appropriate apparatus – children will be asked to come down from the gate – please encourage your child not to climb on the gates.



Please remember that the school is a completely non-smoking area. This includes the playground. Please dispose of any cigarettes in the bins outside of the playground before coming into the school grounds.