



**My
World of
Work**



My career options

Making decisions

Learning intention

- I will learn about the steps involved in making a career decision

Success criteria

- I can reflect on the steps I have taken to make decisions in the past
- I can discuss and make decisions about my own career

Introduction to decision making

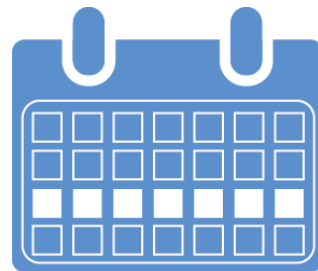
- Everyday we make decisions
- Some decisions are small and easy to make and some bigger decisions need more time and thought
- Decision making is a process of gathering information to help understand our choices

In your groups, start to make a list of the following:



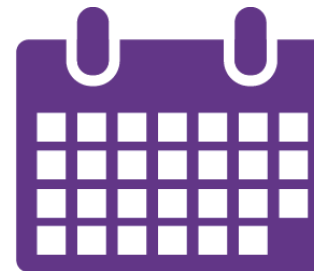
Group A

What decisions did you make **yesterday?**



Group B

What decisions did you make **last week?**



Group C

What decisions did you make **last month?**



Group D

What decisions did you make **last year?**

Decision making journey

Here is an example of what steps you would take in making a decision about going to a concert.

Think about buying a mobile phone. What steps would you take to decide what phone to buy?

My decision worksheet

	What steps would you take in making a decision?	What might influence your decision?
1	Think about which is my favourite	Past concerts Location Friends' experiences
2	Do some research online	Cost Dates Reviews
3	Consult with parents or guardians	Permission Transport
4	Ask friends	Advice from friends Who can come
5		

Skills Development Scotland

Go to myworldofwork.co.uk and explore My career options.

Making career decisions

- Think about the steps described in the decision making journey
- How can these steps be used to help you make a career decision?
- What factors would influence your choices?
- Who can help you with making a decision?
- What are all the possible options?

Review

What key things have you listed to help make your decision?



Research
your options



Speak
to other people



List
your preferences



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