



# S3 Careers Talk North Berwick High

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Careers Advisers

# In today's session

- An introduction to your Careers Advisers
- Learn about Career Management Skills
- Find out about My World of Work
- How to find out about Skills and Strengths needed for different careers
- Think about Subject Choice



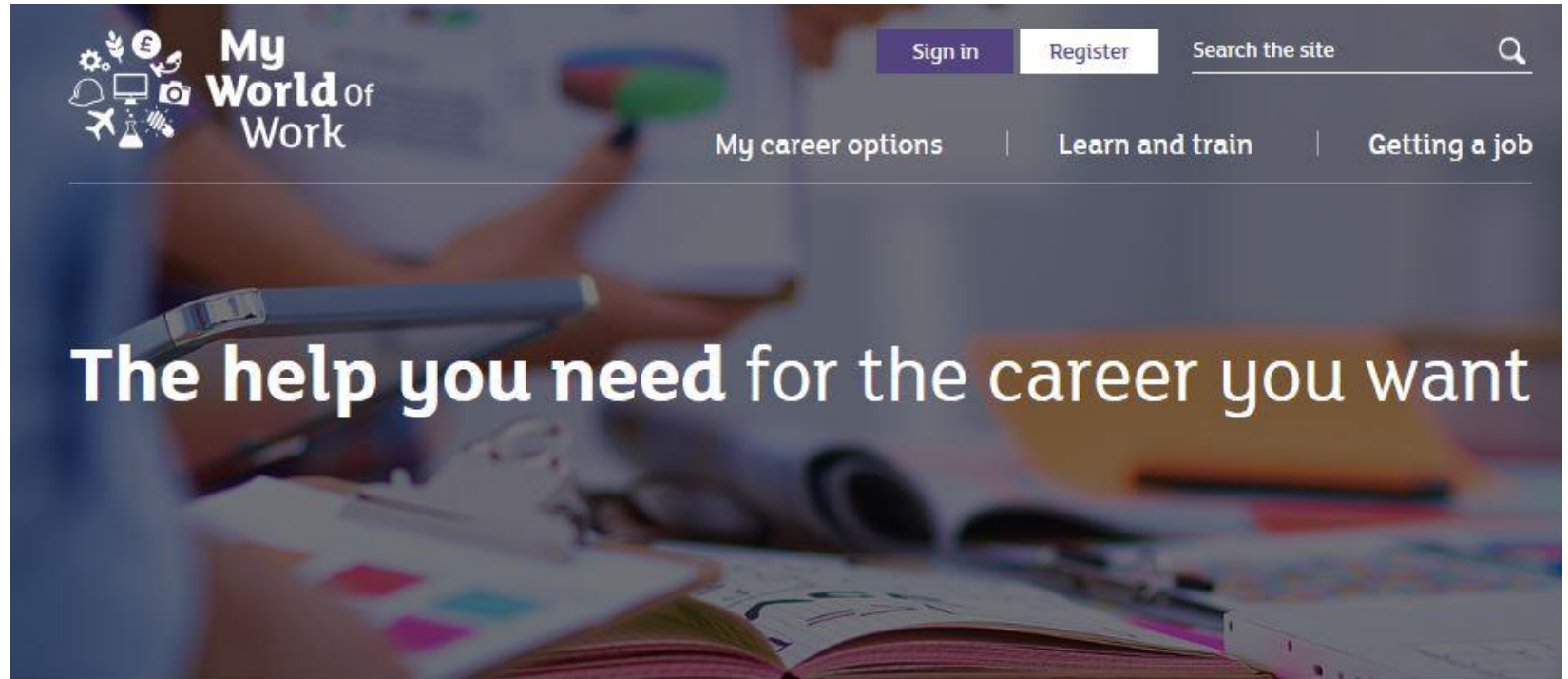
**When I leave  
school, I want to  
be a.....**

# Career Management Skills

Thinking about your self and your strengths can help you find your dream job



My World of  
Work can  
help you  
discover  
more



### My career options

Start by learning more about yourself.



### Learn and train

Search for courses, and get advice on



### Getting a job

Find job or Modern Apprenticeship

# The About Me Quiz



- Will begin to build a picture of your personality
- Will reveal your strongest character traits
- Will suggest jobs to match the kind of person you are

# The Strengths Tool



- Strengths are things you're naturally good at
- If you are good at something, you'll find it easier
- Knowing your strengths helps you pick careers, subjects or courses which bring out the best in you

# Subject Choice

Knowing what you like and what you are good at will make it easier to decide which subjects to study in the future

## Which side are you on?







**My  
World of  
Work**



## Use our Option Choices tool

Our Option Choices tool can help you make the decision on what subjects to take by exploring your different options.

[Use the Option Choices tool](#)

# Your Next Steps



- Think about what we have covered today
- Make sure you are registered on My World of Work
- Continue to do research – videos, case studies, information on the changing world of work on [www.myworldofwork.co.uk](http://www.myworldofwork.co.uk)
- Talk to people:
  - Your teachers
  - Your family
  - Your Careers Advisers

For help now  
and in the  
future..



- Your Careers Advisers can support you when you are considering:
  - Your subject choice and career ideas
  - Your Career Management Skills
  - What you want to do when you leave school



## Online resources to help you

- [www.myworldofwork.co.uk](http://www.myworldofwork.co.uk) and go to the About Me, Strengths and Subject Choice sections
- [www.planitplus.net](http://www.planitplus.net) and go to the job profiles section of Career Zone

# Download the Careers Newsletter

It has links to  
lots of  
resources you  
can use

In third year you have to make an important decision about which subjects to study at National level in fourth year. Choosing these subjects is **not** about choosing a career. However, if you have some idea about what you would like to do when you leave school, you should check out now which subjects are needed.

If you haven't yet thought about the job or the area of work or study you might want to go on to when you leave school, don't worry. Choose subjects which you enjoy and are good at, but which will also keep as many career options open to you as possible.

#### Career Management Skills

Although it might be a while before you leave school, it's important to begin to think about **how** to make well informed career decisions. By planning ahead you can find the best option for you.

To do this you need to know about your **Self**, your **Strengths**, your **Horizons** and your **Networks**. Learning how these fit together lets you develop lifelong **Career Management Skills**. When choosing which subjects to study in S4 you should focus on **Self** and **Strengths**, but also consider your **Horizons**.



# Your Careers Advisers and what happens next...



We will arrange to meet with everyone in S3

You can find us in the school library and you can pop in to ask questions

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