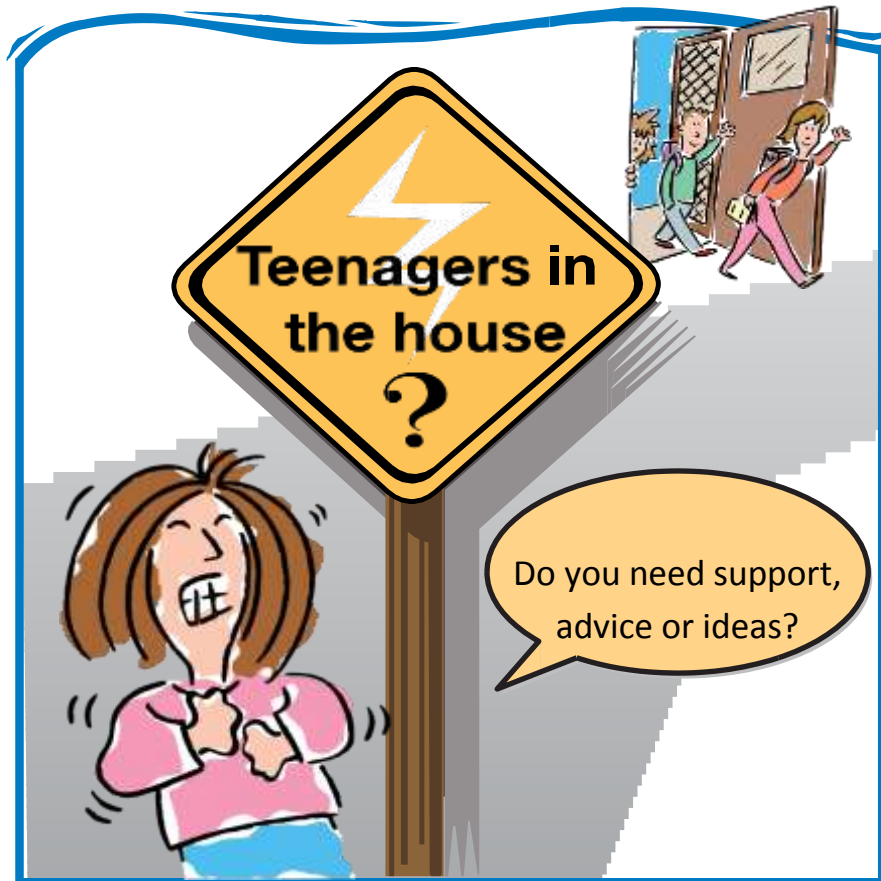


# ESCAPE



*Finding out more about adolescence can help parents better understand and cope with the changes that their young person undergoes.*

Our 6 week Course offers an opportunity for you to explore new methods and strategies for dealing with teenage behaviour, helping you maintain control and influence in your young person's life.

For more information or to book a place contact: Marie Prior, Enhanced Support Officer. Tel: 01368863339

**Next Course Starts: 1<sup>st</sup> November 2018, 6-8pm, Knox Academy, Haddington**