

High School 2021 - 2022 Menu

Week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Breaded Fish & Chips	Roast Chicken Dinner	Beef Chilli and Rice	Chicken Sausage and Mash
VEGETARIAN CHOICE V	Pasta in a Tomato & Basil Sauce V	Vegetable Curry V	Macaroni Cheese V	Cheese & Tomato Pizza V
SPECIALS * See Specials Board	STREET FOOD/PASTA KING/CHICKEN/VEGGIE BURGERS (NO RED MEAT)			
VEGETABLES SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ♦ CHOICE:	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs), Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet the 10g sugar per portion			
MEAL DEALS	<p align="center">***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup, fruit and a drink <u>Option 2:</u> Takeaway Special, soup, small salad pot, fruit and a drink <u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink</p>			

April 2021-May 2022

We use free range eggs & locally grown vegetables in our menus V Vegetarian

♦ Local produce when available



Week 1- Week commencing			
19/04/2021*	10/05/2021	31/05/2021	21/06/2021
30/08/2021	20/09/2021*	11/10/2021	08/11/2021
29/11/2021	20/12/2021	24/01/2022	21/02/2022
14/03/2022	04/04/2022	*Holiday/Inservice Day	



Facilities Management Services

High School 2021 – 2022 Menu

Week 2



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Salmon Goujons 71227 & Potato Wedges	Chicken Curry & Rice	Steak Pie, Potatoes & vegetable	Chicken Fajita Wrap
VEGETARIAN CHOICE V	Pasta Pesto with Garlic Bread V	Macaroni Cheese V	Vegetable Stir Fry with Noodles V	Quorn Dippers & Potato Wedges V
SPECIALS* See Specials Board	STREET FOOD, PASTA KING, SUB SPECIALS, CHICKEN/VEGGIE BURGERS (No red meat)			
VEGETABLES ◆ SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ◆	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills (no red meat)			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs) Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet 10g sugar per portion			
MEAL DEALS	***Money-Saving Meal Deals *** <u>Option 1:</u> Dish of the Day, soup, fruit and a drink <u>Option 2:</u> Takeaway Special, soup, small salad pot or fruit and a drink <u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink			

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Week 2 Week commencing			
26/04/2021	17/05/2021	07/06/2021	16/08/2021**
06/09/2021	27/09/2021	25/10/2021*	15/11/2021
06/12/2021	10/01/2022	31/01/2022	28/02/2022
21/03/2022	25/04/2022		

Facilities Management Services



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Week 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Cook's Choice of Chicken Dish	Breaded Fish & Chips	Lasagne	Chicken Goujons with Potatoes Wedges
VEGETARIAN CHOICE V	Pizza V	Sweet Potato & chickpea curry V	Lentil Dahl with Naan Bread V	Quorn Meatballs & pasta V
SPECIALS	STREET FOOD, PASTA KING, SUB SPECIALS, CHICKEN/VEGGIE BURGERS (NO RED MEAT)			
VEGETABLES SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ◆	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs) Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet the 10g sugar per portion			
MEAL DEALS	<p>***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup, fruit and a drink</p> <p><u>Option 2:</u> Takeaway Special, soup, small salad pot, fruit and a drink</p> <p><u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink</p>			

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V Vegetarian

◆ Local produce when available



Week 3 Week commencing			
03/05/2021*	24/05/2021*	14/06/2021	23/08/2021
13/09/2021	04/10/2021	01/11/2021	22/11/2021
13/12/2021	17/01/2022	07/02/2022	07/03/2022
28/03/2022			

