




# How to pass Higher Biology



## Four Points

- Its later than you think.....
- What should you study...
- How to study and what to use..
- How to stop getting distracted

## Its later than you think....

- Break the week into a number of potential study slots (2  hours long)
- Maybe , three on a Saturday/Sunday and one each for a school day - that gives 11 slots in a week
- Be realistic though - social, family, sport, hobbies and other commitments need to come out of this - eight slots a week or 32 slots in a four week period
- That leaves 6 ½ slots per higher in a whole month

Sat	Sun	Mon	Tue	Wed	Thu	Fri
Eng	Biol	School				
Maths	Chem					
Social;	Maths	Guides	German	Eng	Maths	Social



## What are you going to study?


1. There are three units in a higher
2. Each unit is split into **Key Areas**
3. They are all set out in the Course Specification  
[https://www.sqa.org.uk/files\\_ccc/HigherCourseSpecBiology.pdf](https://www.sqa.org.uk/files_ccc/HigherCourseSpecBiology.pdf)
4. Pick a unit, count the number of key areas and divide them up amongst the available slots



## **How to study and what to use....**

The best place to start is our Interactive Revision Guide

[Interactive Revision Guide](#)

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- Supported Study: Monday 4-5, Wednesday lunchtime, Wednesday 4-5
  - Textbooks/revision guides
  - Grade Booster Sessions - Mondays in March: 4, 11, 18, 25. (Sign up in M9)
  - Google Classroom (teachers add resources for their own classes)
  - [Dr Easton's Higher Class](#)



## How to stop getting distracted..

- Smart phones - <http://selfcontrolapp.com/>
- Factor in break times
- Plan in social time
- Think about where you study - public library?