

Price List 2023-24

Cold Choices

Sandwiches / Rolls, with selected fillings	£1.33
Baguette 10" or croissant with selected fillings	£1.53
Salad Box	£1.44

Hot Choices

Home made soup	£0.70
Dish of the Day with side order & vegetables	£2.21
Pasta King/Rollover Hot Dogs	£1.85
Pizzinis	£1.43
Baked potato standard filling (cheese,coleslaw,tuna)	£1.43
Baked potato premium filling (chicken, prawn, chilli)	£1.70
Extra fillings	£0.52
Hot Filled Rolls	£1.44
Pannini standard filling (cheese, tuna, etc)	£1.55
Pannini premium filling (chicken, prawn, etc)	£1.75

Traybakes & Desserts

Small yogurt	£0.61
Fresh Fruit	£0.31
Fresh fruit salad: Small / Large	£0.41/£0.62
70g bag of fruit	£0.59
Assorted traybakes	£0.81
Scones/pancakes	£0.51
Ice Cream / Jelly / Mousse	£0.76
Cereal Bars	£0.79

Drinks

Plain milk carton (189ml)	£0.33
Flavoured milk carton (200ml)	£0.46
Tea/coffee/drinking chocolate	£0.73
Bottle water: Large (500ml)/Small (250ml)	£0.57/£0.76
Rubicon	£1.24
Capri Sun	£0.81
Slush Drink	£0.67

Snacks / Miscellaneous

Crisps / Lentil Waves	£0.69
Butter Portion / Jam Portion	£0.21 each
Crackers	£0.40
Cheese Portions	£0.50

Value for money...

A tasty nutritious meal with soup, fruit and a drink costs £2.45 (£2.50 from August 2023). Our filled rolls, sandwiches and baguettes are super value for money compared to some local shop prices. Special meal deals and theme day menus also offer other exciting choices. Look out for information on your school website.

Young Scot NEC Card



You will receive a Young Scot NEC card that you use to pay for school meals. You top your card up with money using a cash machine in school. Your parents/guardians can also put money onto your card on East Lothian Council's website.

You can use your card to get local, national and European discounts for shopping, travel, eating and lots of other activities.

Visit <http://young.scot> for more information

Do stuff > Get stuff

Young Scot Rewards allows young people to collect points and get money - can't buy rewards and experiences. Every time you buy food and drinks from the school dining room you will receive points that you can use to get the rewards!

To sign up for Young Scot Reward points go to <https://rewards.youngscot.org/sign-up> (you will need an email account)

It takes less than a minute to get started! There are many ways you can get points such as ... Participate in positive activities, healthy eating, exercise, volunteering, recycling, getting involved with projects, informal learning, having your say on issues that affect you and lots more...

<https://rewards.youngscot.org/activities>

For more information about High School meals, prices & internet payments visit www.eastlothian.gov.uk or contact us T:01620 827811 # schoolcatering@eastlothian.gov.uk

Facilities Management Services School Meals Catering
Serving Food for the Future



Light Bites

- Check Daily Specials Board -



Served Every Day

Soup - Cook's Choice

- Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Mixed Bean, Tomato & Basil, Scotch Broth, Split Pea or Minestrone.

With a selection of bread and rolls.

Seasonal Vegetables & Mixed Salad

Free with every Main Course/Vegetarian Option

Baked Potato with a Choice of Fillings:

- Tuna/ Cheese/ Baked Beans/Hot Fills

Special food...

If you require special food for a medical or cultural diet, please contact us [01620 827811](tel:01620827811) // schoolcatering@eastlothian.gov.uk

We use free range eggs & locally grown vegetables in our menus.
 v Vegetarian. ve Vegan. Local produce when available.

Weekly Menus

Mains Vegetarian & Vegan

Wk1		
MON >	Breaded fish & chips	Biryani with Chapatti ve
TUE >	Pork Meatballs in Gravy with Mashed Potatoes	Vegetable Curry v
WED >	Beef Bolognaisse with Pasta	Vegetarian Tacos v
THU >	Chicken with Sweet Chilli Sauce & Rice	Cheese & Tomato Pizza v

Wk1 2023: 5 Jun, 26 Jun, 28 Aug, 18 Sep, 9 Oct, 23 Oct, 13 Nov, 4 Dec.
 2024: 8 Jan, 29 Jan, 26 Feb, 18 Mar, 22 Apr, 13 May.

Mains Vegetarian & Vegan

Wk2		
MON >	Chicken Curry & Rice	Creamy Cherry Tomato Pasta v
TUE >	Salmon Fillet, Potatoes & Veg	Macaroni Cheese v
WED >	Beef Teriyaki with Noodles or Rice	Tomato & Basil Pasta v
THU >	Chicken & Vegetable Lasagne	Quorn Dippers with Potato Wedges & Beans ve

Wk2 2023: 12 June, 14 Aug, 4 Sep, 25 Sep, 30 Oct, 20 Nov, 11 Dec.
 2024: 15 Jan, 5 Feb, 4 Mar, 25 Mar, 29 Apr, 20 May.

Mains Vegetarian & Vegan

Wk3		
MON >	Piri Piri Chicken Tacos with Rice	Macaroni Cheese v
TUE >	Breaded Fish & Chips	Plant Based Chicken Fajita v
WED >	Chicken Katsu Curry with Rice	Tomato Pasta with Garlic Bread v
THU >	Gammon Steak with Potatoes	Cheese and Tomato Pizza v

Wk3 2023: 19 Jun, 21 Aug, 11 Sep, 2 Oct, 6 Nov, 27 Nov, 18 Dec.
 2024: 22 Jan, 19 Feb, 11 Mar, 15 Apr, 6 May, 27 May.

Eat @ School

Morning break

- Hot and cold filled rolls, sandwiches, baguettes and wraps
- Healthy baking, fresh fruit and yoghurts
- Refreshing cold drinks

Lunchtime

- Delicious hot meals including a daily vegetarian dish
- "Taste of the World" choices - pastas, curries, Chinese and Mexican dishes
- Fresh tasty salads
- Cold filled rolls, sandwiches, baguettes and wraps
- Healthy baking, fresh fruit and yoghurts
- Refreshing cold drinks

Local, fresh & nutritious...

We cook our meals from fresh ingredients using local seasonal vegetables and free-range eggs.

The menus meet the food and nutrient standards set by the Scottish Government.



Money-Saving Meal Deals!

Option 1:	Main Meal, veg, soup, fruit and a drink	£2.50
Option 2:	Takeaway Special, small salad pot or fruit & a drink	£2.37
Option 3:	Filled large baguette/wrap/baked potato, salad, soup, fruit & a drink	£2.37

Choice of Cold Drinks Included with Meal Deals:
 Small bottle of water or 189ml milk