

DUNBAR PRIMARY SCHOOL

EXPRESSIVE ARTS WEEK 25TH - 29TH MAY 2020

To keep learning interesting and engaging, this week we have planned an Expressive Arts Week.

Expressive Arts covers the four curricular areas of Art, Drama, Music and Dance.

We have prepared a variety of indoor and outdoor activities shared across all year groups, suitable for families to do together. Some can be done indoors and some outdoors.

As always, these are optional and there is no pressure to complete a set amount of activities per day - it is up to each individual family how and when they complete an activity, if any.

We hope you will enjoy some of the activities on offer!

ART

Decorate Your Windows

Draw or paint pictures, or use chalk pens to decorate your windows



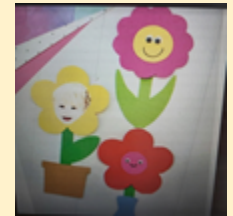
Make a rainbow butterfly

Paint your feet like a rainbow; use your foot prints to make a butterfly!



Family Potted Art!

Create flowers and pots - use card or draw them; then draw your faces (or you could cut out photos) and stick the faces in the middle of the flowers - do the whole family!



Make a puppet

Use whatever you have available to create a puppet or two.

There are many different kinds of puppet - finger puppets, hand puppets, puppets on strings or sticks, sock puppets ... Click on the link for ideas:

<https://parenting.firstcry.com/articles/puppet-making-for-kids-10-easy-puppet-craft-ideas>

My Street

Go outside and draw your street in chalk on the pavement. Look carefully at the houses around you and see if you can copy them. Can everyone in your house draw a different house or building? How many houses can you draw? Could you draw your neighbours in your picture too? Don't forget the trees and flowers too?

Land Art

Andy Goldsworthy is an artist who uses natural materials to create sculptures and art, which is called land art. You can find out more about him and examples of his work here:

[Andy goldsworthy for kids](https://www.youtube.com/watch?v=Kj8v8v8v8v8)


Go out for a walk and collect some natural materials and create your own work in the style of Andy Goldsworthy - don't forget to share

your art works.

Drama

<p>Create a puppet show!</p> <p>Use the puppets you made and put on a family puppet show.</p> <p>Think of a story you'd like to act out with your puppets.</p> <p>Why not record your show to share with your classes?</p> <p>Get some ideas and help from Putting on a Puppet Show - CBeebies</p>	<p>'We're Going on a Bear Hunt'</p> <p>Read the story or watch I'm Going On A Bear Hunt.</p> <p>Next, create your own bear hunt map (for your house or your garden), set up everything you need (don't forget the bear!) and off you go on your own bear hunt!</p>	<p>Recreate a Famous Painting</p> <p>Do you have a favourite artist or a favourite painting by a famous artist? Try dressing up to recreate the picture! Look at some examples here:</p> <p>https://www.boredpanda.com/my-kids-and-friends-in-famous-paintings-impersonations/?utm_source=google&utm_medium=organic&utm_campaign=organic</p>
<p>Take a trust walk</p> <p>Go for a walk and take turns wearing a blindfold! You have to trust the person guiding you to tell you where to walk safely. The person leading you has to be very careful to make sure you don't trip or fall.</p> <p>Why not create a simple obstacle course to guide each other over?</p>	<p>Let's Pretend</p> <p>Do one of Andy's Wild Workouts and practise some drama skills! We love pretending to be "under the sea" creatures or "beach" ones. You can choose from lots of different ones here:</p> <p>https://www.bbc.co.uk/iplayer/episodes/p06tmmvz/andys-wild-workouts</p>	<p>Play some Drama games</p> <p>Ribbon of sound: sit in a circle; one person starts the sound, the next person picks it up quickly and it travels around the circle so it becomes a ribbon of sound!</p> <p>Led by the nose: Imagine a string is attached to a part of your body (your thumb, your nose, your knees) - now move around being led by that part of your body!</p>

Music

<p>Mrs Mailer's Samba Challenge</p> <p>Get your pots, pans and wooden spoons out and make some music!</p> <p><u>#RSNOchallenge 1 - Create a Samba Band</u></p>	<p>Make a water bottle xylophone</p> <p>Add different amounts of water to empty plastic bottles to make a xylophone (make sure the lids are on!). Experiment with the amount of water in each bottle to make different notes.</p>	<p>Create an Outdoor Music Wall</p> <p>You will need old pots, pans, baking trays, colanders, tins - anything that will make a noise, even old bicycle wheels, wooden spoons, string and somewhere to hang your music wall.</p> <p>Use the string to hang up your pots and pans etc and start making music. Make up your own tunes or play along to some music.</p>
<p>Build your own Guitar</p> <p>You will need an empty tissue box, a shoe box without the lid, or a fruit punnet.</p> <p>Put 4 - 6 rubber bands around the box the long way, making sure there is space between them. Experiment making different sounds with the bands.</p>	<p>Drawing Music</p> <p>Listen to a piece of music - there are lots of different kinds of music to choose from (pop, classical, rock, jazz, Scottish etc).</p> <p>As you listen, 'dance with your hands' on a piece of paper - use crayons, pens, paints to show how the music makes you feel.</p>	<p>Raid the Recycling Box!</p> <p>Make homemade percussion instruments: put rice or pasta in a Pringles can or plastic bottle to make maracas; wrap string or garden twine tightly around them and you have a guiro!</p> <p>Make a drum kit: stick different sized cans and tins together; use wooden spoons for drum sticks!</p> 

Dance

National Dance

Choose a country and research its national dance.

See if you can find examples of the dance being performed on You Tube.

Try and learn the dance and, if you like, take a video to share with your class.

Just Dance

Join in and make your moves along with 'Just Dance' videos on You Tube!



Go Noodle!

Ask an adult to sign up for Go Noodle At Home (just type Go Noodle into your search engine), and you can dance, do yoga and exercise.

If you don't want to sign up, you can find some of the Go Noodle dances on You Tube.

Samba

Learn more about Samba in this video:

<https://www.bbc.co.uk/bitesize/clips/zyctb9q>

Now try the steps yourself, while you try out the Samba Challenge for Music!

Create a family dance

Use your best moves to create a dance for your family - get some ideas from this family's 'Lockdown Boogie'!

<https://www.youtube.com/watch?v=G-ugfNXYcDg>

Bop It!

Lots of you will have played Bop It! but now you are going to 'dance it'!

Create a playlist of your favourite dance tunes. Select one person to be the 'caller'. As you dance, the caller shouts out the moves (twist it, run it, walk it, hop it, sneak it, spin it or bop it (jump)).

Other ideas ...

- **Strive for five!** Build up your practical skills:

Roll a dice to find out where to start!



1. Organise and tidy your bedroom
 2. Learn to tie your shoe laces confidently
 3. Learn how to sew on a button
 4. Learn how to change the sheets on your bed
 5. Learn how to use the washing machine
- Visit www.wildernesskids.net/activities-2 for some great nature activity ideas
 - Do you like cupcakes? Become a baker and make these yummy cupcakes
<https://www.bbcgoodfood.com/recipes/cupcakes> Why not design and make a box for storing the cupcakes?
 - If you can, go for a walk on the beach and draw in the sand (smiley faces, messages etc), either with a stick or pebbles
 - Watch Michael Rosen tell the story about the slice of chocolate cake his mum told him he could take to school: ['Chocolate Cake' by Michael Rosen - 1st level Drama](#)
 - Listen to Chris Yule (Chris did Forest Schools with some of you, and is Finn in P3's dad) tell some stories:
 - <https://youtu.be/Qg-rrCWZriY> Finn and the Bottle
 - <https://youtu.be/y-KR0aQI51k> Hector and the Storm
 - <https://youtu.be/K73BFV5wlVE> The Man who lost his luck
 - https://youtu.be/E4SvA_dJPOo The Slapin Kelpie
 - Teach your family a song from Fischy Music - join a Monday assembly, or sing along to a music video
<https://www.youtube.com/user/Fischymusic>
 - Create an obstacle course with things you can find in the house, garage or garden. Challenge all your family to take part, perhaps even in fancy dress!