

Outdoor Volunteer - Briefing

Assisting with Groups Outdoors (Updated May 2021)

Who is this briefing for?

Any volunteer who wishes to assist in any organised group activity, school or community based, in the outdoor environment.

Volunteers can fall into two separate categories:

1. **Volunteer Helper** - a person without professional or specialist knowledge in the activity or management of groups
2. **Volunteer Leader** - a person with qualifications and experience in the activity to be delivered e.g. coach / instructor / leader / teacher

Current Guidance

Scottish Government

General - [Latest Scottish Government advice and protection levels](#)

Education - [Latest SG guidance on reducing the risk in schools \(including school visit guidance\)](#)

Youth Work - [Latest Guidance for Community Learning & Development](#)

Sport Scotland - [Latest sport and physical activity guidance](#)

National Governing Bodies - dependent on activity, can be found on the Sport Scotland link

East Lothian Council - additional guidance

Procedures for all Volunteers (1)

Face-coverings

Face Coverings to be worn at all times. The only time a face covering should be removed is when physically distanced from the group/other adults, outdoors and outside of school grounds. For example when cycling or walking apart from the group.

Avoid Crowds

Don't bunch up. Avoid other members of the public. Where possible stay in the outdoor environment whilst working with groups.

Clean Hands (and Equipment)

Hand-wash before and after each session and before eating (as a minimum). If there are no handwashing facilities then use hand sanitiser.



Procedures for all Volunteers (2)

Two Meters

A minimum of 2m should be kept between adults, and between adults and pupils at all times. However for managing adventurous activities we recognise that less than 2m distancing will be essential in certain situations (eg Harness/BA check).

Young People should keep to their bubbles, do not mix groups/ bubbles.

Self Isolate

If an individual shows symptoms or tests positive before the session they should not participate and follow current Scottish Government/NHS guidelines.

If an individual become symptomatic during the session they must be removed from the group and Education Department Guidance for Symptomatic Pupil should be followed

If an individual tests positive after the session they should follow current Scottish Government/NHS guidelines and OLS staff must be informed.



Your role as a Volunteer could include...

- Assisting with delivery of outdoor sessions (Outdoors only)
- Helping to organise equipment pre and post activity
- Participation in and management of groups
- Support group travel to outdoor venues

Your expectations as a Volunteer should include...

- Briefing from school/establishment
- Awareness of Risk Assessments including additional COVID measures

Additional Information

T ravel

Active travel is encouraged (cycle, walk, scoot), motorised transport only used if essential, avoid public transport where possible

L ateral **F** low **T** ests

You can obtain these from

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> all staff / volunteers are advised to take 2 tests per week whilst working with young people

Questions?

Registration of attendance / completion please fill in this google form

<https://forms.gle/RVrva92M9TjGL48z7>