

# PRIMARY 4 - PRIMARY 7

**PLEASE NOTE: NO CLASSES WILL RUN DURING SCHOOL HOLIDAYS (14TH + 17TH SEPTEMBER)**

Activity	Year	Time	Day/Dates	Cost	Cost ATL	Venue	Deliverer (s)
Lidl Soccer Centre	P3 - 5	6.45pm - 7.30pm	Monday 27th August - 8th October	FREE		Sandersons Wynd Primary School	Jade Hall
Trampolineing	P3 + 4	6.00pm - 7.00pm	Monday 27th August - 8th October	£20	£16	Ross High School Gym 1	City of Edinburgh Trampoline Club
Trampolineing	P5/6/7	7.00pm - 8.00pm	Monday 27th August - 8th October	£20	£16	Ross High School Gym 1	City of Edinburgh Trampoline Club
<b>Girls on the Go</b> Aqua Aerobics	P5-7 Girls	3.45pm - 4.45pm	Tuesday 4th September - 9th October	FREE		Loch Centre Swimming Pool	Chloe Young
Run, Jump Throw Athletics	P4-7	4.30pm - 5.30pm	Tuesday 28th August - 9th October <i>Sign up through Team East Lothian</i>	TBC	TBC	Sandersons Wynd Primary School	Gary Wilson
Junior Muay Thai Fitness	P4-7	4.15pm - 5.00pm	Tuesday 28th August - 9th October	FREE		Bronx Boxing Gym	Black Diamond Boxing
Table Tennis	P4-7	5.00pm - 6.00pm	Tuesday 28th August - 9th October	FREE		Ross High School Gym 2	Haddington Table Tennis Club
Ross High RFC Mini Rugby	P4-7	5.30pm - 6.30pm	Wednesday 29th August - 10th October	FREE		Ross High RFC Playing Fields	James Miller
Gymnastics	P4-7	6.45pm - 7.30pm	Wednesday 29th August - 10th October	£14	£11	Sandersons Wynd Primary School	Saltire Gymnastics
Tranent Basketball Club	P4-7	5.30pm - 6.30pm	Wednesday 29th August - 10th October	FREE		Ross High School Main Games Hall	Adam Martin
Upbeat Street Dance	P4-7	4.30pm - 5.15pm	Thursday 6th September - 11th October	£14	£11	Windygoul Primary Gym Hall	Laura Reynolds
Hockey	P4 - 7	4.00pm - 5.00pm	Thursday 30th August - 11th October <i>Will involve matches against other teams</i>	FREE		Ross High School Astroturf	Marianne Cooney
Rock Climbing ( <i>Must be 8 Years Old</i> )	P4-7	5.00pm - 6.30pm	Thursday 30th August - 4th September	£21	N/A	Forrester Park Climbing Wall	Enjoy Leisure
Badminton	P4/5	1.00pm - 2.00pm	Friday 31st August - 12th October	FREE		Ross High School Games Hall	Erin Buckley & Rachael Fraser
Badminton	P6/7	2.00pm - 3.00pm	Friday 31st August - 12th October	FREE		Ross High School Games Hall	Erin Buckley & Rachael Fraser
<b>NEW CLASS</b> Lawn Bowls	P4-7	3:30pm - 4:30pm	Every Friday Untill 14th September	FREE		Tranent Bowling Club @ Polson Park	Adam Martin
Introduction to Judo	P1-4	3:45pm - 4:30pm	Friday 14th September - 5th October	FREE		Loch Centre Main Hall	Sportif Judo
Girls Only Judo	P1-5 (Girls Only)	3.45pm - 4.30pm	Friday 27th April - 18th May	FREE		Loch Centre Main Hall	Sportif Judo

Classes run on dates specified, no classes will run during School Holidays. If any class is due to be cancelled you will be notified by text message or phone call. Parents may only sit in on a session for Week 1, unless arranged with Active Schools Coordinator. However staying in reception or community areas, are permitted.

Class with the words "**Complete beginners**" in the title are classes which allow children to attend for one block only, before moving on to paid or club classes. In all other cases, children can attend these classes as often as they wish.

# TRANENT CLUSTER ACTIVITY PROGRAMME

## Primary 4-Primary 7

You will be glad to hear that your brand new **Active Schools Timetable** is now here! This timetable allows your child to take part in numerous activities, either in your local school or in a multi-school activity, and is now even easier to read through. This letter only shows classes for children between Nursery and Primary 3. Primary 4-7 children will now get a different letter.

All Active Schools classes can now also be booked and paid for online -

**[www.eastlothian.gov.uk/ActiveSchoolsTranent](http://www.eastlothian.gov.uk/ActiveSchoolsTranent)**

**Online Booking Page Goes Live : 16th April @ 6pm**

If you cannot access our online booking system, please complete the form below and send it to your local primary school or to the following address;

**Adam Martin, Active Schools Coordinator  
Ross High School, Well Wynd, Tranent, EH33 2EQ**

Active Schools Activity Application

Child's name: \_\_\_\_\_ Class : \_\_\_\_\_ School: \_\_\_\_\_

Class(es): \_\_\_\_\_

Access to Leisure (ATL) Card code : \_\_\_\_\_

ATL Expiry date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Home No: \_\_\_\_\_

Mobile No: \_\_\_\_\_ Emergency No: \_\_\_\_\_

Medical Conditions (if any): \_\_\_\_\_

My child will be walking home / collected inside the venue *(Please delete)*

Enclosed is £ \_\_\_\_\_ (Cash / Cheque) *(Cheques to be made payable to East Lothian Council)*.

Please tick box if you **DO NOT** permit your child's image to feature in Active Schools promotional material

I would/would not be willing to assist in these sessions *(Please Delete)*

Email address: \_\_\_\_\_

Feedback/Suggestions: \_\_\_\_\_

Signature: \_\_\_\_\_

Volunteers Required!!

Our entire activity programme is only possible because of our vast network of Volunteers and Coaches who commit their time to allow your children to get involved in physical activity. We are currently looking to recruit the following;

P6/7 Football Coach

P4-7 Basketball Coach

P1-7 Gymnastics Coach

No Experience is required, just enthusiasm to get involved! We can also provide any training which will in turn help your CV!

Remember... Active Schools are here to help!

Active Schools across East Lothian are making a huge effort to try and get everyone involved in physical activity, no matter of their circumstances! For example, does your child have any issues that you think will stop them getting involved? No matter, let us know and we will aim to accommodate them in some aspect of our programme!

Brand new to Nursery or Primary 1??

Recently started in Primary 1 or Nursery? Don't know where to start with Active Schools?

Why not get involved on the contact information below. We are always happy to have a discussion and try to break down the barriers to get every child participating in sport. Likewise if you feel you could give up an hour a week of your time to help create more opportunities, we would love to hear from you!! No experience required 😊

**Adam Martin**

Tranent Cluster  
Active Schools Coordinator

Mobile: 07976 378 469,  
Email: [amartin@elcschool.org.uk](mailto:amartin@elcschool.org.uk),  
Website: [www.activeeastlothian.co.uk](http://www.activeeastlothian.co.uk)

Social Media

Facebook: Tranent Active Schools  
Twitter: @TranentActiveS

If you have any questions on the Active Schools Programme, or about getting involved in Physical Activity in the local area please get in touch on the following;



**TO BOOK YOUR CHILD'S PLACE ONLINE PLEASE VISIT: [www.eastlothian.gov.uk/ActiveSchoolsTranent](http://www.eastlothian.gov.uk/ActiveSchoolsTranent)**