



Hello everyone, we hope that you have enjoyed finding out about some of the animals who live in our North and South Poles. Now let's take a look at some of the people who live there.

**The Arctic (North Pole)** The Inuit in Canada and Greenland, and the Athabaskan in Alaska, are just a couple of the groups that are native to the **Arctic**.

Traditionally the Inuit people lived in igloos, but today they live in regular houses and only build and use igloos when they are on hunting trips.

They wear clothes, mittens and boots made from animal hide and fur to keep them warm in their cold climate.

They also wear special snow shoes to help them walk over the thick snow without their feet sinking into it.



Perhaps you could draw or paint an Igloo picture or an Inuit person wearing their warm clothes and share it with us?



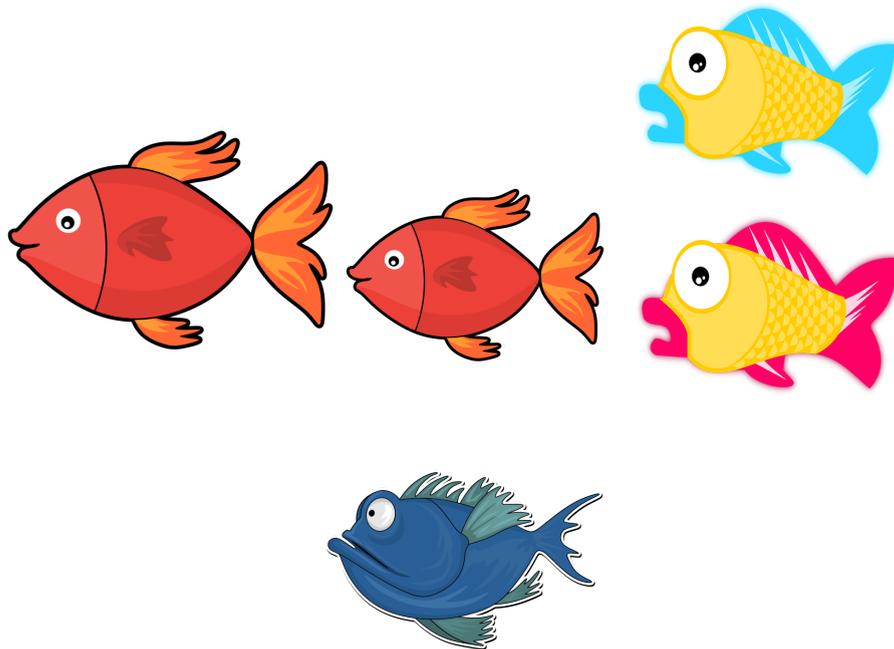
**Antarctica (South Pole)** is known for being the highest, driest, coldest and windiest continent on earth. ... Although there are no native Antarcticans and no permanent residents of **Antarctica**, many people do live in **Antarctica** each year.

It's estimated that there are up to 5,000 scientists and researchers living in Antarctica at the height of summer (October-April). In winter, the number drops to approximately 1,000 scientific staff only.

**Do you know what the scientists study in Antarctica?**

Scientists from all over the world visit **Antarctica** to study the climate, weather, geology, and wildlife of this unique region. Their research has helped to highlight global problems, such as climate change.

**Ice fishing in the Arctic for dinner.**



**Can you count how many fish were caught for dinner?**

**Here's two short videos you may like to watch about a little girl's visit to the Arctic and how to build an igloo.**

**The Girl Who Went to the Arctic  
Kids Igloo - Frozen Oceans Arctic**