

Right Click

An online support programme for parents and carers.

Learn skills and strategies to support your young child, teenager or adult with autism.



Scottish
autism

Our aim
is to provide support,
information
and guidance...

Right Click

...to enable you to further understand autism and develop effective skills and strategies to support your young child, teen or adult. We want to share with you our knowledge and experience which you can consider and apply as appropriate within your unique family environment.

“ I would absolutely recommend. Has been an invaluable tool! ”

right click programme

We have drawn on the wealth of experience from across our services, as well as that of other professionals, to develop a range of support materials and made them available via our Right Click programme.

young child

Our young child programme is focused on providing support to parents of young and recently diagnosed children. This includes topics such as eating, sleeping and toileting.

teen

Our teen programme is for parents of teenagers as we know this can be a particularly challenging time. Topics discussed include developing skills for independent living, supporting siblings and talking about relationships.

adult

Our adult programme is for those supporting individuals with autism into adulthood. Topics discussed include promoting happiness and wellbeing, positive living, relationships and planning for the future.

who is it for?

Right Click is for parents and carers of individuals on the autism spectrum. Our experience tells us that information and support is particularly needed when an individual is recently diagnosed or when they are coming up to a major personal or environmental transition and so we have developed our programmes accordingly.

“ This gave me lots of new approaches to use. ”

“ Thank you for helping me have a better understanding of my son’s behaviour and how to deal with this in the correct way. ”

how it works

The programme builds over four weeks with new content being released each week and then a fifth week is available to review any of the materials which were of particular interest. There are a number of intakes throughout the year and you can select your preferred start date from the available options when registering. Parents are also assigned their own autism advisor who can be contacted to answer questions or give more specific advice for your family.

Register free at www.scottishautism.org

Email: rightclick@scottishautism.org Tel: 01259 720044

who we are...

Scottish Autism exists to enable people with autism to lead full and enriched lives and become recognised as valuable members of the communities in which they live. We deliver services to people with autism of all ages and provide support and information to families and involved professionals.

“ It is like having an expert with you at home. It is so user friendly and practical, I can't praise it enough. ”

Scottish Autism
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scottishautism.org

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