



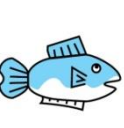
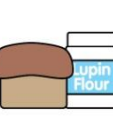










DISHES AND THEIR ALLERGEN CONTENT – EAST LOTHIAN PRIMARY SCHOOLS – MAINS MEALS















DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SWEET & SOUR VEGETABLES		X											X	X
FISH FINGERS		X			x									
CHICKEN KORMA							X							
TOMATO PASTA		X Pasta												
LENTIL DAHL														
BOLOGNAISE SAUCE		X Pasta												
SUMMER VEGETABLE PASTA		X Pasta												
SALMON FILLET														
BREADED CHICKEN		X												
CHICKEN IN TOMATO SAUCE		X Pasta												
ROAST BEEF														




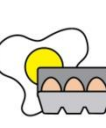
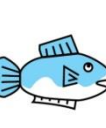
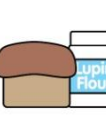








Review date:
21/04/2021

Reviewed by: Pamela Fraser



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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphites
MACARONI		X					X		X					
CHEESE & TOMATO PIZZA CODE: 113092		X					X							
PESTO SAUCE							X							
QUORN PIE	X	X		X			X Glaze							
VEGETABLE BIRYANI														
CHICKEN SAUSAGES		X											X	X
QUORN MINCE		X		X										
VEGETABLE QUICHE		X		X			X							
BEAN & VEGETABLE ENCHILLADAS		X Tortillas					X							
TUNA & PASTA BAKE		X			X		X							
BEEF BURGER													X	X
CHICKEN & LEEK PIE		X					X							

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphites
QUORN DIPPERS		X		X			X							
RAINBOW RICE/SALAD														
PASTA		X												
RICE														
BURGER ROLL CODE 121701		X											X	
YORKSHIRE PUDDING		X		X			X							
GARLIC BREAD		X					X							
DICED /ROAST POTATOES/ POTATO WEDGES														
CHAPATI		X					X							
MASHED POTATO							X							
BAGUETTE CODE 4040/34589		X												
WHOLEMEAL BREAD		X											X	
WHOLEMEAL BREAD ROLLS		X											X	

