



Daily Menu



On-line only payments – see back for more details

www.eastlothian.gov.uk/schoolpay

Week 1 / Semaine 1

Week 2 / Semaine 2

Week 3 / Semaine 3

	Soup (Soupe)	Main course (Plat Principal)	Vegetarian (Végétarien)	Lighter Bites (Plats légers)	Dessert (Desserts)
Monday lundi	Vegetable Soup La soupe	Fish Fingers & Chips with Peas Le poisson frites	Sweet & Sour Vegetables & Rice	Filled Baked Potato: Beans or Cheese, with salad	Daily choice
Tuesday mardi	Tomato and Basil Soup La soupe	Mild Chicken Korma with Rice & Vegetables Le curry au poulet	Tomato Pasta with Vegetables & Garlic Bread	Filled Baguette: Cheese or Ham, with salad	Blueberry Tray Bake or Fruit
Wednesday mercredi	Lentil Soup La soupe	Spaghetti Bolognese & Vegetables Le curry au poulet	Quorn Pie with Potatoes & Vegetables	Le panini au fromage / Le panini au jambon	Le gateau aux myrtilles / Fruit
Thursday jeudi	Leek & Potato Soup La soupe	Chicken Sausages with Mashed Potato & Vegetables Les saucissons au poulet	Pizza & Vegetable Batons	Soup & Sandwich: Cheese or ham, with salad	Daily choice
			La torte aux légumes	La soupe et un sandwich au jambon / La soupe et un sandwich au fromage	Le choix du jour
			La pizza	Filled Baked potato: Cheese or Tuna Mayo, with salad	Ice cream & Fruit Compote or Fruit
				La pomme de terre au fromage / La pomme de terre au thon mayonnaise	La glace et des fruits / Fruit
Monday lundi	Tomato and Basil Soup La soupe	Macaroni Cheese	Lentil Dahl & Naan Bread	Filled Baked potato: Beans or Cheese, with salad	Daily choice
Tuesday mardi	Lentil Soup La soupe aux lentilles	Salmon Fillet with Potatoes & Veg Le saumon	Quorn Dippers & Potato Wedges with Beans	La pomme de terre aux haricots / La pomme de terre au fromage	Le choix du jour
Wednesday mercredi	Vegetable Soup La soupe	Roast Beef with Potatoes & Yorkshire Pudding Le boeuf	Les goujons de Quorn	Filled Baguette: Hummus & Grated Carrot or Cheese, with salad	Fruity Yogurt Cupcake or Fruit
Thursday jeudi	Carrot & Coriander Soup La soupe	Chicken in Tomato Sauce with Pasta Les pâtes au pesto	Pasta Pesto	La baguette au houmous / La baguette au fromage	Le gateau au fruits / Fruit
			Les pâtes au pesto	Soup & Sandwich: Ham or Egg Mayo, with salad	Daily choice
			Bean & Vegetable Enchiladas	La soupe et un sandwich au jambon / La soupe et un sandwich à l'œuf mayonnaise	Le choix du jour
			Les enchiladas	Filled Baked potato: Tuna Mayo or Cheese, with salad	Crêpes with Strawberries & Cream or Fruit
				La pomme de terre au thon mayonnaise / La pomme de terre au fromage	Crêpes aux fraises et crème / Fruit
Monday lundi	Tomato and Basil Soup La soupe	Breaded Chicken with Baked Beans & Potato Wedges Le poulet	Vegetable Biryani	Filled Baked potato: Beans or Cheese, with salad	Daily choice
Tuesday mardi	Vegetable Soup La soupe	Tuna Pasta Bake & Vegetables Les pâtes au thon	Le biryani aux légumes	La pomme de terre aux haricots / La pomme de terre au fromage	Le choix du jour
Wednesday mercredi	Lentil Soup La soupe	Chicken & Leek Pie with Potatoes & Vegetables Le Quorn haché	Quorn Mince & Mashed Potato	Filled Baguette: Ham or Egg Mayo, with salad	Cheese & Crackers with Sliced Apple or Fruit
Thursday jeudi	Red Lentil & Vegetable Soup La soupe	Beef Burger in a Bun with Corn on the Cob & Salad Le burger	Le Quorn haché	La baguette au jambon / La baguette à l'œuf mayonnaise	Le fromage et des biscuits / Fruit
			Summer Vegetable Pasta & Vegetables	Soup & Sandwich: Tuna or Cheese, with salad	Daily choice
			Les pâtes aux légumes	La soupe et un sandwich au thon / La soupe et un sandwich au fromage	Le choix du jour
			Vegetable Quiche & Rainbow Rice	Filled Baked potato: Chicken Mayo or Cheese, with salad	Surprise Brownies or Fruit
			La quiche aux légumes	La pomme de terre au poulet mayonnaise / La pomme de terre au fromage	Le brownie au chocolat / Fruit

WEEK 1 (w/c)
2021:
 06 Sep, 27 Sep, 25 Oct*, 15 Nov, 06 Dec
2022:
 10 Jan, 31 Jan, 28 Feb, 21 Mar
 * In service day. Monday served Tuesday.

WEEK 2 (w/c)
2021:
 13 Sep, 04 Oct, 01 Nov, 22 Nov, 13 Dec,
2022:
 17 Jan, 07 Feb, 07 Mar, 28 Mar

WEEK 3 (w/c)
2021:
 20 Sep*, 11 Oct, 08 Nov, 29 Nov
2022:
 03 Jan**, 24 Jan, 21 Feb***, 14 Mar, 04 Apr
 * Bank Holiday. Monday served on Tuesday.
 ** Holidays. Monday served on Wednesday.
 *** In service day. Monday served on Tuesday.



MCS sustainable fish source.
 Vegetarian choice.

Scottish/local produce when available.

All eggs are free range.
 All meat & poultry is farm assured.

Vegetables served with every meal.
Lighter Bite Option provides a fully balanced nutritional lunch.