

Facilities Management Services



High School 2022 - 2023 Menu

Week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Breaded Fish & Chips	Roast Chicken with Roast potatoes and Yorkshire pudding	Beef Chilli and Rice	Chicken Sausage and Mash
VEGETARIAN CHOICE V	Pasta in a Tomato & Basil Sauce with Garlic Bread V	Vegetable Curry V	Leek & Potato Bake with Cheese sauce	Cheese & Tomato Pizza V
SPECIALS * See Specials Board	STREET FOOD/PASTA KING/CHICKEN/VEGGIE BURGERS/ROLL OVER HOT DOGS (NO RED MEAT)			
VEGETABLES SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ♦ CHOICE:	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs), Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet the 10g sugar per portion			
MEAL DEALS	***Money-Saving Meal Deals *** <u>Option 1:</u> Dish of the Day, soup, fruit and a drink <u>Option 2:</u> Takeaway Special, soup, small salad pot, fruit and a drink <u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink			

April 2021-May 2022

We use free range eggs & locally grown vegetables in our menus

V Vegetarian

♦ Local produce when available



Week 1- Week commencing			



Facilities Management Services

High School 2021 – 2022 Menu

Week 2



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Chicken Curry & Rice	Salmon Fillet, Potatoes & Veg	Steak Pie, Potatoes & vegetable	Chicken Burrito
VEGETARIAN CHOICE V	Pasta Pesto with Garlic Bread V	Macaroni Cheese V	Lentil Dahl with Chapati V (Korma paste 128594) V	Cheese & Tomato Pastry Square with wedges & Salad
SPECIALS* See Specials Board	STREET FOOD, PASTA KING, SUB SPECIALS, CHICKEN/VEGGIE BURGERS (No red meat)			
VEGETABLES ◆ SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ◆	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills (no red meat)			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs) Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet 10g sugar per portion			
MEAL DEALS	***Money-Saving Meal Deals *** <u>Option 1:</u> Dish of the Day, soup, fruit and a drink <u>Option 2:</u> Takeaway Special, soup, small salad pot or fruit and a drink <u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink			

April 2021-May 2022

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Week 2 Week commencing			

Facilities Management Services



High School Menu 2021 - 2022

Week 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP V	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Breaded Fish & Chips	Macaroni	Haggis, Neeps & Tatties	Chicken Fried Rice
VEGETARIAN CHOICE V	Vegan Bolognese Ve	Chickpea Curry & Spinach V	Quorn Dippers & Potato Wedges V	Pizza V
SPECIALS	STREET FOOD, PASTA KING, SUB SPECIALS, CHICKEN/VEGGIE BURGERS (NO RED MEAT)			
VEGETABLES SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO ◆	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps (Red Processed meat only on Tues/Wed/Thurs) Assorted Salads Home Baking, Savoury Snacks, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
Dessert Choices	Only those that meet the 10g sugar per portion			
MEAL DEALS	<p>***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup, fruit and a drink</p> <p><u>Option 2:</u> Takeaway Special, soup, small salad pot, fruit and a drink</p> <p><u>Option 3:</u> Baguette/Baked Potato, soup, small salad pot, fruit and a drink</p>			

April 2021- May 2022

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V Vegetarian

◆ Local produce when available



Week 3 Week commencing			

