

NBHS DAILY MILE 2021

With everyone spending an hour or more outside and be active, by co

If you would like to, you can be active, and not bother about the fresh air and getting some

Also, feel free to keep going

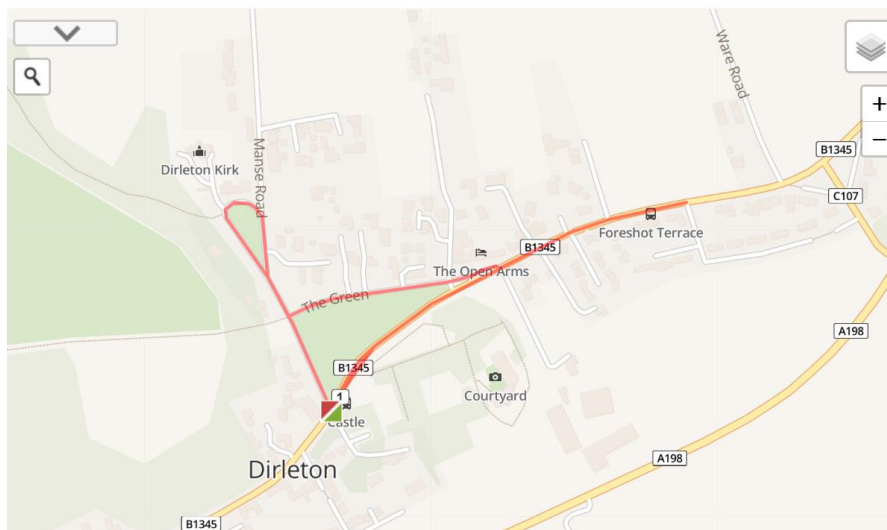
We'll have a top 5 each week

<https://docs.google.com/fo>
[f link](#)

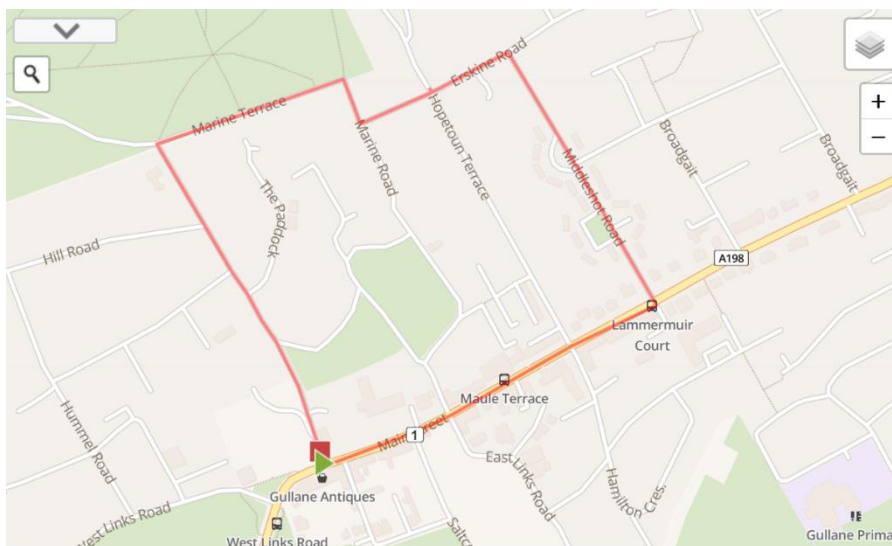
You don't have to record e

Here are some routes that

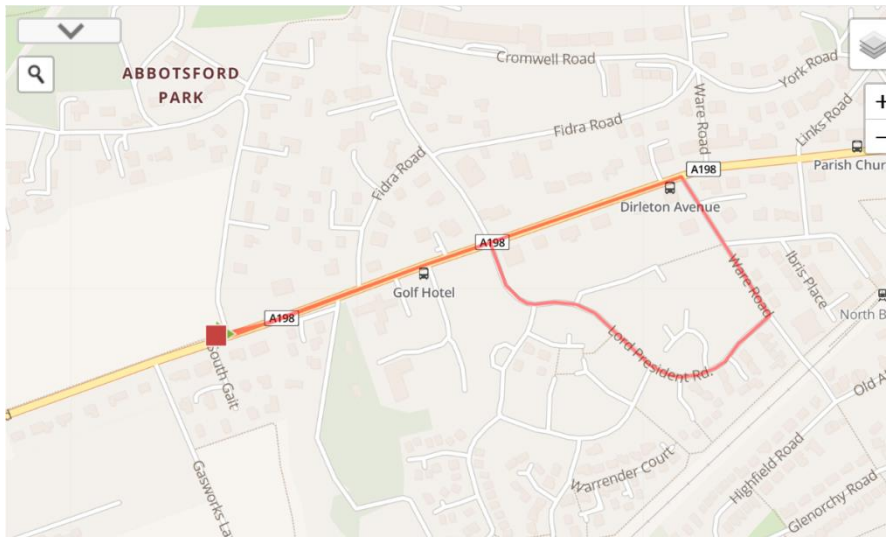
DIRLETON



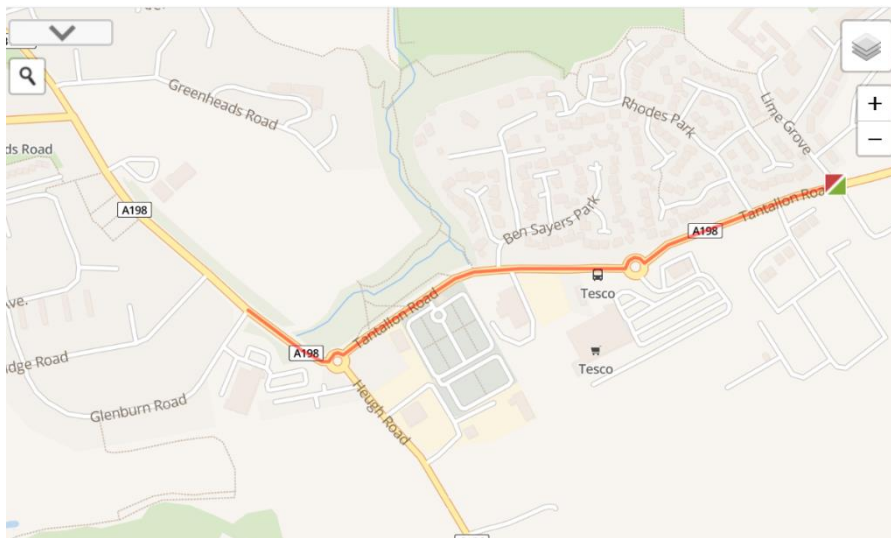
GULLANE



NORTH BERWICK—WEST

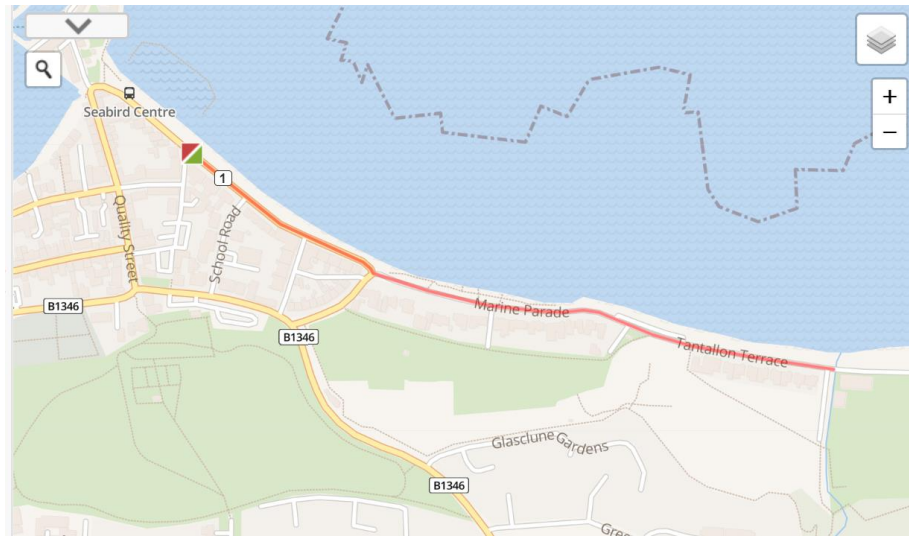


NORTH BERWICK—EAST

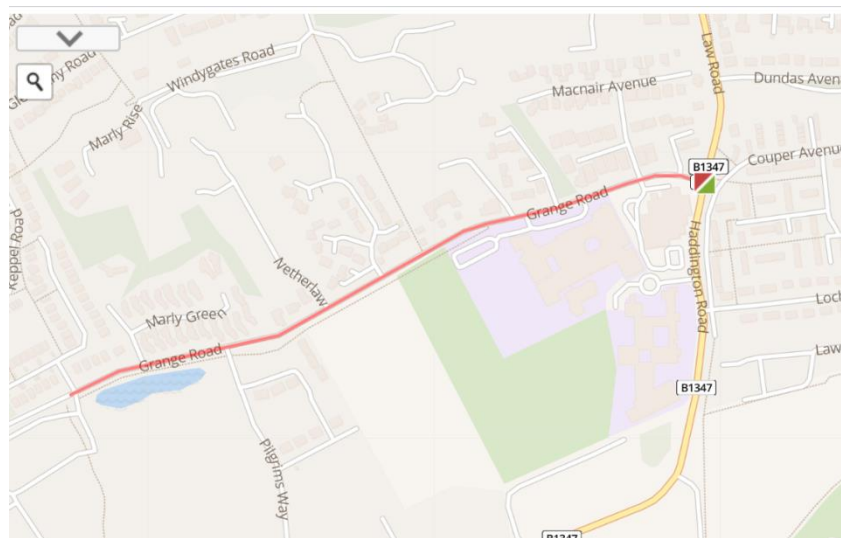


Lime Grove to Glenburn Road and back.

NORTH BERWICK—CENTRAL



Bottom of Melbourne Place to the Glen Golf Club and back.



Law Road end of Grange Road to Green Apron Park entrance and back.