

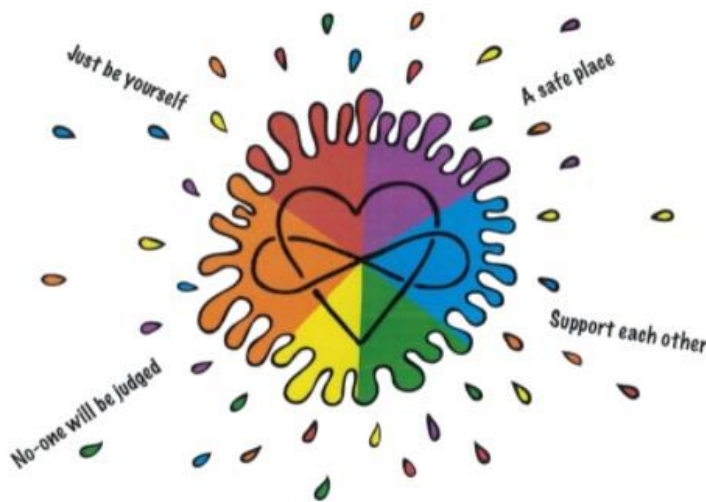
# LGBT YOUNG PEOPLE AT NBHS

## SUPPORTING LGBT YOUNG PEOPLE AT NBHS

At North Berwick High School, we believe every young person should be included and respected in our community no matter what their sexual orientation or gender identity.

Speak in person to your Guidance teacher or any other teacher with whom you feel comfortable if you have any concerns.

## East Lothian LGBT+ Service



MYPAS' East Lothian LGBT+ Service provides:

- **Weekly social group for LGBT+ young people and allies in East Lothian**
- **One to one support for LGBT+ young people in East Lothian**

### Online LGBT+ Youth Group

A safe friendly space for young people who identify as LGBTQ+ and allies. Young people from Midlothian can attend chat online and meet new friends, take part in activities, get support and have fun.

The LGBT+ Groups meet on Wednesday Evenings from 7-8pm on Zoom.

### For more information

Contact MYPAS on **0131 454 0757** or email [enquiries@mypas.co.uk](mailto:enquiries@mypas.co.uk).

[East Lothian LGBT Service from MYPAS](#)

## What can at home adults do to support LGBT young people:

[LGBT Youth Scotland](#) is a hub of resources for young people and guardians as well as providing online chat service for anyone struggling.

Or have a look at the resources and support groups on [Stonewall Scotland](#)

For older students (16+) looking to join a wider community and meet other LGBT individuals through hobbies and events visit [LGBT Health and Wellbeing](#)

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For more information

Contact MINDS on **0131 434 0957** or email [eastloths@mindscotland.co.uk](mailto:eastloths@mindscotland.co.uk)



## LGBT CHARTER

THE LGBT CHARTER HELPS SAFEGUARD LESBIAN, GAY, BISEXUAL AND TRANSGENDER PEOPLE'S HUMAN RIGHTS

**LGBT PEOPLE HAVE A RIGHT TO:**

- BE THEMSELVES** **BE KEPT FROM HARM**
- BE HEARD** **BE HEALTHY**
- FORM RELATIONSHIPS** **PRIVACY**
- EDUCATION** **BE CARED FOR**

[lgbtyouth.org.uk/rights](http://lgbtyouth.org.uk/rights)

**LGBT YOUTH SCOTLAND**