



NBHS WEEKLY UPDATE
Friday 1st September 2023

Message from HT

This week I've been working hard getting to know our S1, visiting classes and speaking to them in the lunch queue. My thanks to all staff and to our S6 who have also been brilliant in the canteen this week.

I attended a HTs session on curriculum development on Wednesday – really good food for thought, including how we currently define 'curriculum' and the rationale behind what we offer in our curriculum, and how this might continue to develop in light of the recommendations of the Hayward Review. You can find a summary of these recommendations here:

<https://www.gov.scot/publications/future-report-independent-review-qualifications-assessment/pages/8/>

Senior Prizegiving was absolutely joyous – the piping skills of Toby Ralph and the xylophone piece by Daniel Schmitt were outstanding, and it was fantastic to have the opportunity once more to welcome parents and carers in to the building to celebrate success. A special thanks to all staff who attended and parents/carers who took the time to speak with us at the end and who have sent emails of thanks this morning – despite my demeanour, I get very nervous before events like this and kind words mean so much. A big thanks to all office and janitorial staff for their help behind the scenes.

If you are an S1 parent or carer, remember that the P7/S1 Open Afternoon is Friday 8th September 1-3pm – a great chance to see our school and meet our staff. And we have the upcoming Parent Council meeting and AGM on 13th.

Have a great weekend!
Mrs Moore

Healthy Respect Drop-In – Wednesdays 1-2pm

A reminder that our NHS Healthy Respect Drop-In takes place every Wednesday from 1-2pm in the Conference Room. Advice and support available from our school nursing service for all aspects of health, including sexual health and vaping cessation support.

SSAA Road Race Championships 2023 Wednesday,

4th October 2023 Pittencrieff Park, Dunfermline

Events: This is a short distance road race for individuals with a Team element. There will be 11 races.

Race 1 – Girls P6 & P7 – 1 mile – 12 noon start
Race 2 – Boys P6 & P7 – 1 mile – 12 noon start Declarations for these races close 11.30 am
Race 3 – Girls (born on or after 1/03/11) – 1.5 miles – 12.30pm start
Race 4 – Boys (born on or after 1/03/11) – 1.5 miles – 12.45pm start Declarations for these races close 12 noon
Race 5 – Girls (born 1/03/10 – 28/02/11) – 1.5 miles – 1pm start
Race 6 – Boys (born 1/03/10 – 28/02/11) – 1.5 miles – 1.15pm start Declarations for these races close 12.30 pm
Race 7 – Para Athletes from P6 to U20 in education or training - 1 or 2 miles - 1.30 start Declarations for this race close 12.30 pm
Race 8 – Girls (born 1/03/08 – 28/02/10) – 2 miles – 1.45pm start
Race 9 – Boys (born 1/03/08 – 28/02/10) – 2.5 miles – 2.05pm start Declarations for these races close 1.15 pm
Race 10 – Girls (born on or before 28/02/08) – 2.5 miles – 2.25pm start
Race 11 – Boys (born on or before 28/02/08) – 3 miles – 2.45pm start Declarations for these races close 1.45 pm

Closing Date: CLOSING DATE FOR ENTRIES IS 9th SEPTEMBER 2023

- Please note that parents / carers are responsible for transport to and from, and supervision at this event
-

If you're interested in taking part, please email cparry@elcschool.org.uk by Weds 6 September.

Pupil Support (Guidance) Staffing 23-24 – from 4th September onwards

Our Pupil Support (Guidance) faculty for 23-24 is as follows:

Craig House – Mr Craig Burgess Mon- Weds – cburgess@northberwickhigh.elcschool.org.uk and Ms Sophie Lovett – Thurs-Fri – slovet@northberwickhigh.elcschool.org.uk

Fidra House – Mrs Alison Thayne – athayne@northberwickhigh.elcschool.org.uk

Glen House – Ms Margaret Maxwell – mmaxwell@northberwickhigh.elcschool.org.uk

Law House – Ms Samantha Cunningham – scunningham@northberwickhigh.elcschool.org.uk

Please note that Ms Maxwell (Glen House) and Ms Cunningham (Law House) join us on **Monday 4th September**.

Until then, Mrs Lovett will be the key contact for Craig House, Mrs Thayne for Fidra House, Mr Burgess/Mr Jones for Glen House and Mr Stebbing/Mrs Clubb for Law House.

Each House has a Depute Head link as follows:

Craig House – Mrs Clubb/ Mr Burgess

Fidra House – Mrs Neri

Glen House – Mr Jones/Mr Burgess

Law House – Mrs Clubb

Our communications@northberwickhigh.elcschool.org.uk should continue to be used for all correspondence and enquiries in the first instance – this allows us to direct queries to the best and most appropriate staff member.

NBHS Parent Council Meetings 23-24

NBHS Parent Council meetings take place in school in the HE breakout space in the extension block at 7-9pm. All welcome.

Several long-standing members no longer have students at the school and we are looking for new members. Interested people can contact the Parent Council via the North Berwick High School Parent Council Facebook page or via email on: parentcouncil.nbhs@gmail.com

The Parent Place tab on the NBHS school website sets out what the Parent Council is, how to get involved, copies of minutes and governance documents. You can find that here:

<https://www.edubuzz.org/northberwickhigh/parents/your-parent-council/parent-council-minutes/>

Dates for your diary are as follows:

Wed 13 September – PC meeting 7-8pm; AGM 8-9pm

Draft Agenda (7-8pm – HE Breakout Space, Extension Block)

1. Welcome & apologies
2. Approval of minutes
3. Matters Arising
4. Conflict of Interest
5. Head Teacher Report
6. Overview of recent events :-
 - *Sports Council Meeting Wed 23rd Aug
 - *Area Partnership Meeting Tues 29th Aug
 - *NB Community Council Tues 5th Sep
 - *P7/S1 Open Afternoon Fri 8th Sep
 - *Playing Fields - Live Planning Application deadline 22nd September
7. Local Place Plan (due 17th September)
8. AOB

Draft AGM Agenda (8-9pm – Main Hall)

1. Welcome from Chair
2. Formal approval of last years AGM Minutes
3. Election of Chair and Members
4. Chair's Report
5. Head Teacher report including exam results, reflection and looking forwards
6. Dates of future meetings.
7. AOB

Thurs 12 October

Wed 22 November

Tues 16 January

Thurs 14 March

Wed 22 May

Fridra Lions Hockey open afternoon

Fridra Lions Hockey Club are holding an open afternoon on Saturday 9th September.

It is an event for everyone from beginners to experienced players.

Please see attachment.

Supporting young people: The teen brain... what's going on?

Host: Lisa Thomson

We know that, other than during the first three years of life, the brain goes through the biggest change in its development during adolescence. This is a critical time in teens' lives and we have a crucial role to play in helping to guide and develop them to grow into happy and successful adults.

The session covers the main changes in the brain during the teenage years relating to:

- Hormones
- Risky behaviour
- The social brain
- Sleep
- The role of parents/carers and other adults

Tuesday 11 September, 6:00 - 7:30pm

Wednesday 27 September, 6:00 - 7:30pm

[Supporting young people: The teen brain... what's going on? on 11.09.2023 06:00 PM - Digital Samba](#)

[Supporting young people: The teen brain... what's going on? on 27.09.2023 06:00 PM - Digital Samba](#)

NBHS Careers Evening 2023

Only a few weeks to go until the NBHS Careers Event 2023 - Wednesday 27th September at 6:30!

Our annual, and very popular, NBHS Career Evening returns for 2023! This is a whole school event where we welcome all year groups (S1-S6) to attend.

After the incredible turnout last year of 750 people we are widening our offer of exhibitors across a variety of industries and pathways. Exhibitors will be able to provide advice for applications, ideas, opportunities and much more!

The following list of organisations have already signed up to attend:

2020 Investment
Army
Bannantynes
Clyde Marine Training
DYW Foundation Apprenticeship
Edinburgh and Lothians Out of School Care Network
Edinburgh College
EL Works
ELCAP
Enjoy Leisure
Fidra (Environmental Charity)
Garden Stirling & Burnet Solicitors
Glam Candy
Glasgow Caledonian University
Graham & Sibbald
Heriot-Watt University
Leonardo
Marine Hotel
MCR Pathways

Napier University
Paris Steele
Queen Margaret University
Royal Air Force
Scottish Government
SDS (Skills Development Scotland)/My World of Work
SRUC (Scottish Rural College)
Strutter Aviation
University of Stirling
You can be a Doctor

We look forward to adding more names in the coming weeks!!!

If you would like to add your organisation to our exhibition, please email the school on communications@northberwickhigh.elcschool.org.uk

North Berwick Youth Project

- Tuesdays** 3:30 to 5:30pm - Out'n>About Outdoor Group
5 to 6pm – Online Cookery
- Wednesdays** 3:30 to 5:30pm – NEW Boys Group for P7/S1's
3:30-5:30pm – Girls Group
- Thursdays** 3:30 to 4:30pm – ZAP
4:45 - 5:30pm - COMING SOON teen fitness class
- Fridays** 12:30pm – Drop in at Youth Project



For more information, please check out our social media or website:
www.northberwickyouthproject.org.uk or email our Lead Youth Worker Beth:
beth@northberwickyouthproject.org.uk

School Leavers – Edubuzz Accounts

IT have advised that accounts will remain active until October. Please ensure between now and then you:

- Download and save any work you wish to keep from your drive.
- Forward any emails you wish to keep to a personal email address.
- Update the email address associated with accounts where currently it is your edubuzz one. For example college, SAAS, UCAS, Scratch etc. Or maybe you have the email linked to verification when signing in to a personal email or device/app. Or maybe you've set it as the email for a password reset.

You have until 30 September 2023.

Attendance Mailbox

We would like to remind you that NBHS has a dedicated email address for all attendance matters. There is no need to phone the school – just send an email to the attendance address below, giving the detail of absence, appointments etc. **Please be sure to include the reason for your child being absent from school**; we need this information to ensure that all absences are recorded correctly. We recommend that you add this email address to your contacts so this it is quick and easy for you to access:

attendance@northberwickhigh.elcschool.org.uk

NBHS Communications

Just a reminder that if you wish to contact school you should email us at the communications email address below, or contact your child's guidance teacher directly. If your child is absent from school, please contact the dedicated absence line.

communications@northberwickhigh.elcschool.org.uk

Dates for your Diary

Friday 8th September – P7/S1 Open Afternoon 1-3pm – (current P7, new S1) – a letter will follow

Wednesday 13th September – Parent Council meeting 7-8pm; Parent Council AGM 8-9pm

Friday 15th and Monday 18th September - school closed for September Holiday

Wednesday 27th September – Careers Fair – all welcome