

## **PRIMARY SCHOOL MENU - PRICING 2018-2019**

**Dear Parent/Guardian,**

To provide variety and choice in school meals throughout the school year East Lothian Council provide a seasonal summer and winter menu.

Each menu cycle consists of a choice of 2 hot main meal options (includes a vegetarian choice), a filled baked potato option, a plated salad option and a choice of dessert. Complimentary bread, salad and a cold drink are available with the meal. These meals are available Monday–Thursday with a packed lunch option available on Friday. All menu items meet the Scottish Government's nutritional standards.

East Lothian Council is committed to providing a high quality school meals service. There are huge benefits in children eating a nutritious 2-course meal at lunchtime. Research also shows that if children eat a nutritious midday meal at school, their concentration and behaviour improves, they gain important social skills and they are more likely to eat their recommended '5 a-day' fruit and vegetables.

As a result of supplier increases in the price of food products there is a need to increase the price of a primary school meal from £1.90 to £2.00, please note there has not been an increase in school meal catering since 2011. This increase will commence in August 2018. The school meal continues to offer good value for money as well as contributing to the well-being of children whilst at school.

Both Education Services and Facilities Management Services see communication with pupils, head teachers and parent councils as essential to the success of any changes we make. We communicate through school newsletters, school websites and East Lothian Council's website. As the Service Manager I am passionate about continually improving the standards of the school meals service and welcome feedback on the services we provide to help us to do this. You can contact me by phone or by email

**Vanessa Sanal**

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Information is also available on East Lothian Council's website [www.eastlothian.gov.uk](http://www.eastlothian.gov.uk)