



OAT CRUNCHIES

Ingredients

50g lard
50g margarine
75g granulated sugar
1 x 15ml sp syrup
1 x 5ml sp boiling water
1 x 1.25ml sp vanilla essence
100g S.R flour
50g oats

Oven Temperature – Gas No. 4/180°C
Time – 15-20 minutes

Method

1. Cream fats and sugar till soft.
2. Beat in water, syrup and vanilla essence.
3. Stir in flour and oats.
4. Shape into 16 small balls and place on greased trays.
5. Bake till brown. Leave on tray till firm.