

# Daily Menu

## Week 1

	Soup	Main course	Vegetarian choice	Baked potato	Dessert
<b>Monday</b>	Carrot	Fish  Chips	Vegetarian curry Boiled rice	Tuna, cheese, baked beans or hot fill specials	Yoghurt, fresh fruit or seasonal fruit salad
<b>Tuesday</b>	Lentil	Chicken casserole Diced potatoes	Quorn burger in a salad bun Jacket wedges	Tuna, cheese, baked beans or hot fill specials	Hot milk pudding
<b>Wednesday</b>	Cook's choice	Scottish steak pie Boiled potatoes	Vegetable noodles	Tuna, cheese, baked beans or hot fill specials	Ice cream or jelly served with fruit
<b>Thursday</b>	Seasonal vegetable	Turkey tikka wrap Vegetable couscous	Pasta with tomato or pesto sauce (nut free), Garlic bread	Tuna, cheese, baked beans or hot fill specials	Fruit crumble Custard

WEEK 1: w/c 28 Oct, 18 Nov, 9 Dec, 13 Jan, 3 Feb, 3 Mar, 24 Mar

## Week 2

	Soup	Main course	Vegetarian choice	Baked potato	Dessert
<b>Meat Free Monday</b>	Lentil	Italian veggie sausage casserole Potato slices	Macaroni cheese Crusty bread	Tuna, cheese, baked beans or hot fill specials	Yoghurt, fresh fruit or seasonal fruit salad
<b>Tuesday</b>	Tomato & vegetable	Cook's chicken curry Boiled rice	Vegetarian haggis Potatoes	Tuna, cheese, baked beans or hot fill specials	Hot sponge pudding Custard
<b>Wednesday</b>	Cook's choice	Fish fingers  Chips	Vegetarian lasagne Garlic bread	Tuna, cheese, baked beans or hot fill specials	Ice cream or jelly served with fruit
<b>Thursday</b>	Yellow split pea	Scottish beef chilli Boiled rice	Home-made pizza Jacket wedges	Tuna, cheese, baked beans or hot fill specials	Hot milk pudding

WEEK 2: w/c 4 Nov, 25 Nov, 16 Dec, 20 Jan, 17 Feb, 10 Mar, 31 Mar

Due to an in-service day on Mon 17 Feb Monday menu of week 2 will be served on Tue 18 Feb.

## Week 3

	Soup	Main course	Vegetarian choice	Baked potato	Dessert
<b>Monday</b>	Potato & leek	Crispy crumb salmon pieces Chips	Vegetarian Bolognese Spaghetti	Tuna, cheese, baked beans or hot fill specials	Yoghurt, fresh fruit or seasonal fruit salad
<b>Tuesday</b>	Lentil	Roast chicken in gravy Oven roasted potatoes	Quorn in a curry or sweet & sour sauce, Boiled rice	Tuna, cheese, baked beans or hot fill specials	Home baking
<b>Wednesday</b>	Vegetable & rice	Scottish pork sausages Mashed potatoes	Vegetable bake Mixed salad	Tuna, cheese, baked beans or hot fill specials	Ice cream or jelly served with fruit
<b>Thursday</b>	Cook's choice	Scottish minced beef Boiled potatoes	Vegetarian enchiladas Jacket wedges	Tuna, cheese, baked beans or hot fill specials	Fruit pie Custard

WEEK 3: w/c 11 Nov, 2 Dec, 6 Jan, 27 Jan, 24 Feb, 17 Mar