



East Lothian Health Visiting Team

2-5 years nasal flu programme 2022

Why should my child have the flu nasal spray?

Flu can be a very unpleasant illness for children of all ages causing fever, stuffy nose, dry cough, sore throat, aching muscles and joints, that can last several days or more.



What are the benefits of having the nasal spray?

Children under the age of 5 years have the highest rate of hospital admissions due to flu. It will reduce the chance of others in your family, who could be at greater risk from flu, such as grandparents

BE AN EVERYDAY HERO.
HELP US
CONQUER
THE FLU
IN KIDS!

Is your child eligible for the flu nasal spray?

All children aged 2, born before 1st September 2020, will receive an appointment to attend for the free vaccine



We will be holding clinics across East Lothian at the following venues:

Dunbar: Bleachingfield Centre

Haddington: East Lothian Community Hospital

Port Seton: Port Seton Centre

Musselburgh: East Lothian Community Learning Centre

If you have not received an appointment or wish to change your appointment

Please telephone 0131 446 4150