



Lothian Disability Sport

# MULTI SPORT SUMMER PROGRAMME FOR YOUNG PEOPLE WITH ASD 8 to 16 years



**6th to 10th August 2018**  
**10am to 2pm each day**

**Meadowmill Sport Centre,  
Tranent**

delivered in partnership with



**TEAM  
UNITED**



## How to book

To book a place for your child , please complete a booking form which can be downloaded via the LDS website or sent to you by email or post. [www.lothiandisabilitysport.co.uk](http://www.lothiandisabilitysport.co.uk) or email [admin@lothiandisabilitysport.co.uk](mailto:admin@lothiandisabilitysport.co.uk)

**NOTE** Confirmation of a place is conditional upon receiving the fee of £20 for 5 days or £2.50 for reduced sessions (two per day). Closing date for booking is 27th July 2018. Places are limited to 12 per session.

## Cost & payment information

The programme runs for 5 days 10am to 2pm each day. £5 per day or £20 for 5 days. £2.50 per day for partial bookings - 2 sessions minimum. Payment can be made by cheque or through bank transfer BACS. There is no cash facility currently.

## Support and staffing

All sessions will have qualified coaching and support staff. Staff have experience of working with young people with autism and other disabilities. We are unable to provide one to one support or offer a place to young people with care needs. We are happy for young people who need additional support more than we can provide to be accompanied with a carer. .

<b>DAY</b>	<b>Morning 10am -12noon</b> <b>Afternoon 1pm - 2pm</b>	<b>ACTIVITY</b>
Monday	- morning - afternoon	Football, Karate Bowls, Dance
Tuesday	- morning - afternoon	Football & Karate Bowls & Dance
Wednesday	- morning - afternoon	Football, Basketball Dance & Tennis
Thursday	- morning - afternoon	Football, Basketball Tennis & Run, Jump, Throw
Friday	- morning - afternoon	Football & Karate Run, Jump, Throw & Dance

**ART & CRAFT available every day for young people who do not wish to take part in one particular session. Young people cannot stay in Art & Craft session for longer than one session. Quiet room and chill out area available. Snacks, a packed lunch and a drink should be supplied by parents. Activities will be held indoors and outside and will be weather dependent.**