



# East Lothian Council

**Lauren Davies**  
**HEAD TEACHER**

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## **Parent/ Carer Update 18<sup>th</sup> March**

Dear Parents/ Carers,

### Head Teacher Award Winners

Congratulations to all of our Head Teacher award winners this week:

Primary 1 – Charlotte for Pride

Primary 2 – Cian for Pride

Primary 3/4 – Cameron for Belief

Primary 4/5 – Riley-James for Kindness

Primary 5 – Mya-Lily for Pride

Primary 6 – Jorja for Belief

Primary 7 – Alex F for Pride

### Primary 2 Assembly

Well done to all of our Primary 2 children for their fantastic assembly this morning. For anyone that wasn't able to make it along online the video will be available to access on their google classroom page.

### P6 and P7 Bikeability

Primary 6 and 7 have been busy engaging in Bikeability this week. They have shown a great deal of maturity and resilience as a group as they have developed their skills and persevered the ever changing weather conditions. We are very proud of them all!

### Zones of Regulation

We have been learning about zones of regulation in class and through assemblies. We use this language to help talk about our feelings and behaviour and have created some parent leaflets to share with you. We hope that you will find them interesting and if you have any questions at all then please do not hesitate to get in touch.

Wishing you all a safe and happy weekend ahead,

Mrs Davies and all at St Martin's Primary

