

Parent/ Carer Update 28th May

Dear Parents/ Carers,

Building Resilience – Challenge Your Mindset Launch

We had a special Building Resilience launch assembly this morning where Miss Alongi led us in learning about the next tool that 'Skipper' has to help him be resilient. In this unit the children will be learning:

- *Who we are and what we are good at is not fixed.
- *The way we think, feel or learn shapes our brain.
- *I can change through the choices I make.

Reconciliation

Congratulations to our Primary 3 children who made their sacrament of Reconciliation this week. The children have worked hard in preparation since coming back to school and we are all very proud of you.

Family Support

A reminder to any families that may be struggling financially during these challenging times of some of the supports that we currently have available. Please help yourselves to any toiletry or food items from our school pantry just outside the main reception area. We also have access to clothing and gift support for any children who might have an upcoming birthday which can be requested by emailing ldavies@st-martins.elcschool.org.uk . If you have any worries or concerns then please get in touch and we will do all that we can to support.

Wishing you all a safe and relaxing weekend ahead,

Mrs Davies and all at St Martin's Primary