

Parent/ Carer Update 3rd September 21

Dear Parents/ Carers,

Building Resilience – Take a Moment Launch

This morning we had a special Building Resilience Launch Assembly for our first unit of the year 'Take a Moment'. In this unit we learn:

- *We all experience a range of emotions everyday
- *Sometimes we feel stressed
- *I have ways to help me cope

More information will be shared through our parent/ carer guide and family learning activities. Learning from this unit will be shared via Twitter @stmartinsrcps.

Virtual Meet the Teacher

There will be 2 sessions running on Wednesday 15th September between 6-7pm that parents will be able to attend via Google Meet. Code links will be sent out next week and this will be an opportunity to find out about your child's learning, see their classroom environment and also ask any questions you may have.

P5 swimming Assessments

P5 children will be going for their swimming assessments at the Loch Centre on Friday 10th and Friday 24th September. Children will receive a letter detailing which assessment slot they will be attending and should come to school with swimwear and a towel on this date.



**East Lothian
Council**

Wishing you all a safe and happy weekend ahead and we look forward to seeing you next week!

Mrs Davies and all at St Martin's Primary