

Parent/ Carer Update 22nd January

Dear Parents/ Carers,

Building Resilience – Get Active Launch

This morning's assembly was led by Miss Alongi who has launched our next Building Resilience unit 'Get Active' with the children. In this unit we will learn:

- *Being active is not only good for the body but also for the mind.
- *I have a range of hobbies and interests that I enjoy doing.
- *Doing anything new involves taking a risk.

Our family learning challenge for this unit is to 'Do Something New for 30 Days'. Together as a family identify something new you are going to do together to improve your health. You can share your progress on google classroom or through our school twitter @stmartinsrcps. We look forward to hearing and seeing all of the ideas that you come up with.

Attendance Policy

Please find attached the updated Attendance Policy for East Lothian Council. Good attendance more than ever, with recent disruptions to learning, is vital in providing children with the foundations and opportunities to reach their full potential as learners. Should you have any worries or concerns regarding attendance then please do not hesitate to contact your child's class teacher or myself directly.

Wishing you all a safe and happy weekend ahead,

Mrs Davies and all at St Martin's Primary

