



East Lothian Council

Lauren Davies
HEAD TEACHER

St Martin's RC Primary School
High Street
Tranent
East Lothian
EH33 1HJ
Tel 01875 610211

Parent/ Carer Update 7th January

Dear Parents/ Carers,

Welcome back and a Happy New Year! I hope that you all had a lovely festive period and were able to enjoy some relaxed time surrounded by those you love. It hasn't quite been the start back that we were expecting with us requiring some of our children to learn remotely this week however I would like to extend a huge thank you to all of our children and families for the understanding and resilience shown. I know I speak on behalf of all of the staff when I say how grateful we are for your support during these challenging times.

School Lunch Arrangements

Lunches will continue to be delivered and eaten within classrooms until at least 21st January.

Updated Government Guidance

As many of you will be aware there have been updates this week from the Scottish Government regarding changes to testing and isolation requirements. I have provided a summary of these changes below however please note that these changes apply to new cases only from midnight on 6th January. The previous rules around isolation apply to anyone directed to do so before then.

Positive Cases

Positive cases will be advised to self-isolate for 10 days however, if the individual returns two consecutive negative lateral flow tests taken at least 24hrs apart with the first test taken no earlier than day 6 they may end isolation before the end of the 10 day period if they have no fever.

Close Contacts

Close contact who are fully vaccinated having received 3 doses of the vaccination (plus 14 days) or are aged under 18years 4 months can take daily LFD tests (lateral flow device) for 7 days instead of isolation – provided the tests are negative and they remain without symptoms. If someone has not

received 3 doses of the vaccination, they will need to book a PCR test and even if negative will be required to isolate for 10 days.

PCR Tests

If you have any symptoms – a new continuous cough, high temperature or loss/change of taste/smell you should book a PCR test.

Confirmatory PCR Tests

Where people test positive on a LFD test they are now not advised to get a PCR to confirm infections but to follow isolation advice as it applies to them as a positive case.

LFD Tests

LFD test can be collected from local pharmacies, collection points or ordered online for home delivery. Results from LFD tests should be recorded online regardless of if they are negative or positive.

Should you have any queries at all regarding any of the updates provided today then please do not hesitate to get in touch. We are always here to support in any way that we can.

Wishing you all a safe and happy weekend ahead and we look forward to seeing you next week!

Mrs Davies and all at St Martin's Primary

