

# *A Volunteer Doula Project: Could it work here?*

## *A "Support from the Start" Civic Conversation*

*A Doula is a trained and experienced partner who accompanies a woman through pregnancy and childbirth and the first few weeks of family life.*

Traditionally hired privately, training volunteer doulas who then offer their services free of charge to pregnant women is a growing trend.

**The Goodwin Volunteer Doula Project in Hull is the first UK Volunteer Doula project working specifically with marginalized and vulnerable pregnant women.**

Currently the project has a

- 84% breastfeeding initiation rate
- 55% breastfeeding rate at 6 weeks
- 18% caesarean section rate

You are invited to hear more about the project from its current manager and how replication could benefit women and their families in Mid and East Lothian

February 22, 2010, The Quay, Musselburgh

9am 12pm



To reserve a place, please email:

[Shauna.Powers@nhslothian.scot.nhs.uk](mailto:Shauna.Powers@nhslothian.scot.nhs.uk)

