



INFORMATION DIGEST



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CLUSTER CHAMPIONS GROUP NEWS AND INFO

Champions group chairs' meeting— the next meeting with Susan followed by the champions who span the whole county is on 6/9/12

Musselburgh—Tots Tunes and Tales project completed and presentation to be given at next cluster meeting

Prestonpans— Nursery Transition Project is underway & Wee Pans Stay & Play has been kept going over summer months

Dunbar. Dunbar has started a new group for young mums over the summer hols

Tranent—Facebook page now live

North Berwick—has developed its action plan and is actively working on a number of key actions

Haddington—launch date on 18th September.

Future Meeting Dates

<u>Musselburgh</u>	<u>Prestonpans</u>	<u>Dunbar</u>
21/8/12	5/9/12	21/8/12
14:30—15:30	13:00—15:00	18:30—19:30
Whitecraig Community Centre	Pennypit Centre	Easter Broomhouse
<u>Tranent</u>	<u>North Berwick</u>	<u>Haddington</u>
3/9/12	21/8/12	Grand Launch 18/9/12
12:30—14:30	18:30—19:30	16:00—18:00
Sanderson's Wynd	Quiet Room, NB Comm Centre	Main Hall Townhouse Haddington

CELEBRATING SUCCESS

Olivebank Child and Family Centre in Musselburgh has been short-listed for an award from the Nancy Ovens Trust. An aim of the Trust is the promotion and the development of quality children's play provision <http://www.facebook.com/SupportfromtheStart/posts/481046285257063?sfrm>

TRAINING

Every Baby Matters—Mellow Parenting's 3rd International conference on Tuesday, 27th November 2012 in the Royal College of Physicians Edinburgh

Cost £135 for registered Mellow parenting practitioners

£150 general delegates Programme and booking information at www.mellowparenting.org/ conference

Nature Play and Nurture

Venue: Mauricewood Primary School, 11 Muirhead Place, Greenlaw Mains, Penicuik, EH26 OLE.

Course dates

Session 1 Fri 5 Oct 2012, 9 am—3 pm
 Session 2 Fri 2 Nov 2012, 9am—3 pm
 Session 3 Fri 14 Dec 2012, 9am—3pm

plus one observation visit on one of the following: Mon 29 Oct, am ; Mon 5 Nov, am; Mon 12 Nov, am or Mon 19 Nov, am. **To book** this course please E-Mail pmclaren@eastlothian.gov.uk

Forest School Modular L1—L3 combined

Venue tba—Midlothian

Module 1—Found'n—6 & 7 Sep 2012, 9.30-4.30, Module 2— L1—25, 26 Oct 2012, 9.00-4.30

Module 3—L2—22, 23 Nov 2012, 9.00-5.00, Module 4—L3—23, 24 Jan 2013, 9.00-5.00

To book this course please E-Mail pmclaren@eastlothian.gov.uk

FUNDING OPPORTUNITIES

The **Communities and Families Fund** is a grants programme funded by the Scottish Government and the Big Lottery Fund in Scotland. The fund will support local projects that help families and communities give children the best start in life. Organisations can apply for a grant between £250 and £10,000 for a 12 month project. For more information please see the [Big Lottery Funds website](http://www.biglotteryfund.org.uk/)

People's Postcode Trust

Grants range from £500 to £10,000 for those in Scotland. The deadline for 2012 is 8th October. For more information visit: <http://www.postcodetrust.org.uk/how-to-apply/>



Healthy Happy Bairns

FUNDING OPPORTUNITIES CONTINUED

Comic Relief

The final funding round of Comic Relief's current UK grants strategy will open for applications on the 13th August 2012. Voluntary and community groups can apply for funding for projects in the areas of:

- Young people and mental health
- Sexually exploited and trafficked young people
- Domestic and sexual abuse
- Mental health
- Young people and alcohol
- Refugee and asylum-seeking women.

Comic Relief provides both capital and revenue and can pay for up to 100% of projects costs but encourages applicants to get some of their funding from other sources. Grants of between £25,000 and £40,000 are available. The closing date for applications will be 12 noon on the 19th October 2012. [Click here](#) for more information.

OTHER NEWS

Family Activity Day on Saturday 18th August at Prestongrange Museum from 12.30pm-3.30pm.

Bookbug sessions - Remember all libraries will be running free Bookbug Sessions throughout the Summer holidays, for children 0-4 years. You don't even need to be a library member so go on give it a try.

From July Bookbug in Ormiston Library will take place on Thursday mornings, every week, starting at 10am. This replaces their Monday session.

Physical Activity Guidelines for Early Years—new resources

<http://www.bhfactive.org.uk/young-people-resources-and-publications-item/294/index.html>

These information leaflets are designed for parents of children under the age of five. They provide information on how much physical activity young children need to do to benefit their health as well as practical physical activity ideas and how these can be incorporated into a daily routine. There are two leaflets available, one with information on physical activity for babies who cannot yet walk and one for young children who can.

Download: [Help your baby move and play every day](#)

Download: [Help your child move and play every day](#)

Please note these leaflets are currently only available as online resources, BHFNC does not have printed copies of these leaflets available.

A Scotland for Children: a consultation on the Children and Young People Bill

The Scottish Government has launched its [consultation on the Children and Young People Bill](#) which sets out a range of proposals for taking forward our ambitions for children's rights and services. The consultation runs until **25 September 2012**. Please email your comments to childrenslegislation@scotland.gsi.gov.uk

GUS Report on Obesity

The new [Growing up in Scotland: Overweight, obesity and activity](#) report describes the influence of parental, family and neighbourhood factors on children's weight and levels of physical activity.

The Bump to Breastfeeding DVD is available free of charge to all pregnant women in Scotland and is distributed via their midwife. The DVD includes subtitled English, British Sign Language, Urdu, Bengali, Somali and Polish options. The clips are now also available on the [Ready Steady Baby!](#) website in Polish, Urdu and Bengali as well as English.

Getting it Right for Play Toolkit

The [Getting it Right for Play Toolkit](#), published by [Play Scotland](#), gives local authorities and community groups evaluation tools to assess the extent to which the outdoor play needs of children and young people are being met.

The toolkit also includes:

The power of play: a literature review that demonstrates the crucial role of play, especially outdoor play, in children's enjoyment of their childhood and their healthy development

Children's play in Scotland: the policy context. This document lists the areas of national policy and guidance most likely to impact on provision for local play.

Play Scotland is offering Powerful Play Training on the Getting it Right for Play Toolkit to meet the needs of local authorities and community groups. Email info@playscotland.org for more information, with 'GIRFP' in the subject line.

Refreshed Getting it Right for Every Child (GIRFEC) now available

Recently refreshed, [GIRFEC](#) is essential reading for anyone involved or working with children and young people, including practitioners working in adult services with parents and carers.

Keep up to date with Support from the Start by visiting
<http://edubuzz.org/blogs/equallywell/>
<https://www.facebook.com/SupportfromtheStart>