

What happens when the research stops?

After filling in the questionnaire and consent form you will not be required to do anything else.

What if there is a problem?

If you have a complaint about the way you have been treated during the study or if something happens during or after the study that you would like to complain about, please contact Steven Wray (Public Health Practitioner) on 01968 671335 or John Boyce (Public Health Practitioner) on 0131 446 4823 (24823).

If I take part, will this be kept confidential?

All the information you give us will be kept confidential and will not be shared with anyone.

The information will be stored securely. Only the team who are working on the study will have access to this. Names, addresses and any things that may identify you will be removed from the presented results of the project.

All your personal information will be destroyed when it is no longer needed. The personal information that is gathered will not be shared with anyone who is not directly involved with the project.

What will happen to the results of the research study?

The results of the study will be used to develop services in the future. Some things we find out might be published in journals. You will not be named in any report or publication.

Who is organising and funding the research?

This project is funded by the Scottish Government. It is a joint project between East Lothian Council, NHS Lothian and Queen Margaret University. The study is being carried out by researchers at Queen Margaret University. Ethical approval has been given by East Lothian Council.



NHS
Lothian


East Lothian
Council


firefly
research

making it
CLEAR
COMMUNITY LIVING
ENABLEMENT AND
RESILIENCE

INFORMATION LEAFLET

This project aims to understand how parents and carers who attend Support from the Start groups in East Lothian bounce back after difficult times in their lives.

The ability to bounce back is called resilience.

To help us do this we are developing a questionnaire about resilience. It asks questions about your social life, community and the type of person you are.

The information from you will help us to improve the questionnaire and plan community support.

We would be very grateful if you could **fill in this questionnaire and a consent form**.

Before you decide if this is okay, it is important for you to understand why the research is being done and what it will involve.

This leaflet has the answers to some questions you may want to ask about the study. Please read this and talk to others about the study if you wish.

If you have any further questions, please contact me at the address given below.

Thank you for reading this.

Louise MacDonald (Project Manager)
Queen Margaret University
Edinburgh EH21 6UU
Tel: 0131 474 0000
Email: LMacDonald@qmu.ac.uk

What is the purpose of the study?

The purpose of this project is to explore parent and carer's resilience and highlight issues which might help them to bounce back.

To help us do this we are testing a questionnaire about resilience.

After the test, the questionnaire might be used by Support from the Start to help plan activities in the community.

Who else may be taking part in this study?

Other people involved in Support from the Start initiatives across East Lothian may take part.

Why have I been chosen to take part?

A wide range of people are involved in Support from the Start groups. Linking with these groups is ideal because we want to contact lots of people from different backgrounds to trial the questionnaire.

Do I need to take part?

It is up to you to choose whether or not you want to take part.

What will happen if I agree to take part?

If you would like to take part, and are happy with the explanations in the leaflet, we ask that you sign a consent form. You will then be asked to fill in our questionnaire.

Once you have done this we ask you to place the questionnaire in the envelope provided and return this to your group leader or Louise MacDonald.

What are the possible benefits of taking part?

The questionnaire will increase our awareness of what supports people to bounce back after a difficult time in their life. We hope that this will help us better understand the needs of people in East Lothian and improve the support that people receive in the future.

It is not thought that there are any disadvantages to taking part.