



INFORMATION DIGEST



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SUPPORT FROM THE START GROUP NEWS AND INFO

Prestonpans - We are delighted that Dadswork will continue in East Lothian, particularly the dads and toddlers and dads' groups they support in Prestonpans. Thank you to East Lothian Council for the support now being given to Dadswork. This means we can continue with our Go Mad with Dad events and will be planning this asap. A Summer Transition Programme for Prestonpans Infants and hopefully some Cockenzie Primary School children will run over the summer. A Parent & Toddler group has started in St Gabriel's church on Thursdays from 10 - 12. Our Parent Pathway is almost ready to distribute. Baby massage continues. Schools are using the Readiness To Learn leaflets as they induct new nursery children. The Prestonpans' group are holding a strategic planning session on 29.7.14 at 12.15 in the Pennypit.

Tranent - An early years marketplace is being planned for 31st August in the Loch Centre, and we will soon be launching a survey monkey to test out how well people are aware of the group and what it has provided in the Fa'side area

Musselburgh - Seven adults and babies attended First Aid training which covered minor injuries, choking, head injuries, scalds and burns and how contents of the changing bag can be used in an emergency situation. A Play day event will be held in Lewisvale Park in August

Dunbar The Dunbar and Area group reviewed their forward plans at their last meeting. One of their aims is to disperse local information more widely and regularly to families, and to raise the profile of both the local group, and the larger umbrella of Support from the Start. The group aim to hold pop up "events" and larger marketplace events where adults and children can discover information, and get a taste of local activities for children. The group would also like to use these occasions to gain information from caregivers about the impact of initiatives, and their views. These events would also be an opportunity to increase membership at our group especially representation of other areas like East Linton, in our area. We continue to welcome caregivers, professionals and other interested parties to our group which we feel is welcoming, informal, useful and loves ideas!!! Perhaps you're not a "committee" person, but you'd like to be involved in a practical, occasional way at a pop up for instance? We'd be delighted to hear from you! Please ring Linden on 01368 863230 if you would like to join our crowd! Our next meeting is on the 20th August-meanwhile we hope everyone has a good summer with plenty to do-look out for activities at the Bleachingfield in Dunbar!

North Berwick - The Healthy Cooking for the Family group attracted 5-6 parents who will be meeting again in October to organise a 'Come Dine with Me' with invited guests who have helped the group. 12 parents received certificates for completing the Raising Children with Confidence Course at Law Primary, we hope to run an evening course in September 2014. We are currently planning a PEEP course starting in August 2014. We have reviewed our Action plan and set priorities with the overall theme of building resilience and inclusion. The group will be planning another event 'It Takes a Community to raise a Child' to report back on the success of the group and attract more parents to get involved.

Haddington - Mud day event held 4th July in Neilson Park Haddington from 12:00 - 15:00. Lots of fun was had for both parents and children. Help us celebrate International Play Day and a child's right to play at the Pavilion in Neilson Park, Haddington, Tuesday 5th August, 11am - 2pm.

Nature & Street art, Science play, Explorer play, Den making & much, much more
Tea and coffee, water and juice available in Pavilion free of charge and there will be a picnic space if you want to bring food. A photographer will be taking pictures of the event if you do not want your or your child to be photographed just let the photographer know.

Future Meeting Dates

Musselburgh
9/9/14
10:00 - 11:30
Whitecraig Community Centre

Prestonpans
10/9/14
09:30-11:15
Prestonpans Infants

Dunbar
20/8/14
18:30-20:00
Easter Broomhouse



Tranent
3/9/14
12:30-14:30
Early Years Centre

North Berwick
22/9/14
18:30-19:30
Dirleton Primary

Haddington
28/8/14
13:30 - 15:00
Townhouse

Thank You and Good Luck

To Janice MacLeod, Kay Coull and Andy Baker who have just retired. We wish them good luck in their retirement and also thank them very much for their contribution and support to Support from the Start. Also thank you to Ginnie Moreton who set up the Haddington group and has ensured that a very committed group continue to support the early years children in their local community.

New Contact Details

For further information on any items included here or generally in relation to Support from the Start please email:
supportfromthestart@eastlothian.gov.uk



Healthy Happy Bairns

Training & Courses

Please see info re free training that is available from FPA – how to deliver the Speakeasy programme with parents. It will be delivered in Edinburgh.

Date Monday 8 to Tuesday 9 September 2014.

Venue: Number 6 One Stop Shop, 24 Hill Street, Edinburgh EH2 3JZ.

Click on the following link for more information and to book on Free Speakeasy training in Scotland.

<http://www.fpa.org.uk/training-courses/free-speakeasy-training-scotland>

'Motherhood and mental illness: thirty years of families in South London'

The inaugural Helen Lester Memorial Lecture, to be given by Professor Debbie Sharp, 'Motherhood and mental illness: thirty years of families in South London'. Wed 9 July, 5.45-6.30pm, George Square Lecture Theatre, University of Edinburgh

http://www.sapc.ac.uk/images/2014_Helen_Lester_Memorial_Lecture_invitation.pdf

Booking at: <https://www.surveymonkey.com/s/CRDMG5Z>

Community development and health—offered through health Promotion Dept—introductory session on 17th July contact Jennifer for further info 0131 672 9528 or email Jennifer.fairgrieve@nhslothian.scot.nhs.uk

Scottish Government

GUS report on pre-school provision says quality is more important than quantity for early development outcomes www.scotland.gov.uk/Resource/0045/00453130.pdf

Family and school influences on children's social and emotional well-being. A new report from GUS explores family and school influences on children's social and emotional well-being at age 7. It uses data collected from mothers and children in the first birth cohort, interviewed in 2012/13 when the children were nearly 8 years old. Mothers were asked about their child's behavioural or emotional difficulties. Children were asked about their life satisfaction through a series of questions such as 'do you feel your life is going well?'

Summary Report: <http://www.scotland.gov.uk/Resource/0045/00452565.pdf>

Funding

Awards for all Reopens soon The Big Lottery's Awards For All funding reopens for applications from the August 4th. It's a broad funding stream which focuses on these outcomes:

- people have better chances in life
- communities are safer, stronger and more able to work together to tackle inequalities
- people have better and more sustainable services and environments
- people and communities are healthier.

Check Big Lottery website for details

Other News

Home-start have launched our new website with a fresh clean look and clear navigation, providing even easier access to the information, help and support that Home-Start East Lothian offer. It's also mobile and tablet friendly, built to work on your desktop, smartphone and everything in-between. You can find us at www.homestarteastlothian.co.uk.

First Step Holiday Programme

Wednesday 9th July Musical Madness workshop

Wednesday 16th July Prestongrange Museum

Wednesday 23rd July Chamber Street Museum, Edinburgh

For more information and to sign up to any of these activities, please contact Sue or Tina

Summer Activities

We have lots of outdoor activities for you to choose from including sports such as tennis or athletics,, museum activities or for the more adventurous, kayaking climbing and sailing.. Our extremely knowledgeable Countryside Rangers are looking forward to introducing you to the many wonders of the countryside and coast. Moving indoors there is an equally large variety of sessions for you to sample, music, drama or dance, crafts, storytelling. Whatever your age we hope you find something you would like to try, either on your own or with your family Online brochure

http://www.eastlothian.gov.uk/news/article/1407/summer_activities_programme_2014

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<http://edubuzz.org/supportfromthestart>

<https://www.facebook.com/SupportfromtheStart>