



Nature Play and Nurture CPD for Early Years

Aimed at Nursery and Early Years Staff, Nature Play and Nurture is a short course in using the outdoors as an environment for nurture, play and exploration. Three days (9am–3pm) of hands on training by two experienced forest school / kindergarten leaders and a ½ days observation of a Nature Play and Nurture programme.

This course is available to all Early Years Practitioners in East and Midlothian and costs £280 per person payable either by invoice or cheque accompanying the booking form (please advise which method you would prefer)

Course venue: Campie primary School, Musselburgh

Course dates

Session 1 Friday 22nd May, 9am–3pm,

Session 2 Friday 5th June, 9am–3pm

Session 3 Friday 26th June, 9am–3pm

plus **one observation visit** on one of the following: Tuesday am 2, 9, 16, or 23rd June

Course aims for participants to

- o explore and (re)connect with the benefits of Nature Play
- o understand the affordance (or action possibilities) of natural environments
- o feel confident to lead Nature Play sessions for your learners
- o feel inspired to incorporate more Nature Play into provision
- o find ways to overcome barriers to incorporating Nature Play sessions within your nursery provision
- o to look at incorporating Nature Play and Nurture opportunities within nursery grounds and linking to indoors

To book this course please complete the enclosed form, **attach cheque or provide invoice details** and return to:

Support from the Start, Room 2.17, John Muir House, Haddington, East Lothian. EH41 3HA

Or E-Mail to supportfromthestart@eastlothian.gov.uk

Tea coffee and biscuits will be provided. Participants should bring a packed lunch. **Participants will be provided with a course folder and notes, and are advised to bring pen, paper and camera.**

**Healthy
Happy Bairns**



Booking Form – Nature Play and Nurture East and Midlothian Summer 2015

Name:

Address:

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Postcode: Date of Birth:

Telephone: Mobile:

Email:

Contact email sharing:

We offer to share your email with other course participants so that you can offer each other support and guidance during and beyond the course. Please delete as appropriate below.

Please do / do not share my email.

Do you have any particular learning needs? Yes/No

Please tell us about them here:

Photo permissions

We use photographs as part of the training process and to share our practice via our website. Please delete as appropriate below.

I do / do not consent to the use of photographs within training.

I do /do not consent to the use of photographs on our practice sharing website.

Declaration:

1. I have completed a medical consent form and know of no medical reason why I should not undertake outdoor woodland activities.
2. I will ensure I have appropriate clothing and footwear for the outdoors.
3. I understand that lunch is not provided and will bring my own.

Signed:

Date:

Healthy Happy Bairns



Medical Consent

The information on this form will be used during all elements of the Forest School training course and will be managed in compliance with the Data Protection Act.

Name:

Date of Birth: Gender: Male/Female (delete as applicable)

Emergency contact name: Relationship:.....

Emergency Contact No:.....

Doctors Name and Contact No (if possible)

**Any prescribed medication or advice to be followed in an emergency
Please give full details**

Do you suffer from any of the following :

- Allergies (including medication, plasters, stings, food, pollen, etc.) Yes/No
- Asthma or breathing difficulties (inhalers etc.) Yes/No
- Diabetes Yes/No
- Epilepsy, fainting or blackouts Yes/No
- Heart Condition Yes/No
- Sensory loss (sight speech or hearing) Yes/No
- Travel Sickness (any medication needed) Yes/No
- Other (please specify) Yes/No
- Vaccination against Tetanus in last 10 years? Yes/No
- Have you received any medical or surgical treatment in the last 3 months? Yes/No

If you have answered 'yes' to any of the above, please give details:
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Agreement

I consent to receiving any necessary emergency medical treatment for any injury or illness during the Forest School training course.

I do / do not consent to images of me, recorded as part of this course, being used by BigWorld and Support from the Start for training/publication purposes (delete as applicable)

Signed.....Date.....

**Healthy
Happy Bairns**