



# INFORMATION DIGEST



## SUPPORT FROM THE START GROUP NEWS AND INFO

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**Dunbar** The [Big Linked-In](#) a Saturday afternoon conference for organisations and individual active in the community to explore how we can build support for parents and children in our communities. The event is free and will take place from 2pm—4pm in the Bleachingfield Community Centre. To book a place email [supportfromthestart@eastlothian.gov.uk](mailto:supportfromthestart@eastlothian.gov.uk)

[Family Support Learning Courses](#)

**Haddington** A Pop Up Play session will be held on 23rd May in Neilson park at the Pavilion building from 10am—Midday. Lots of fun activities with a healthy eating theme. A new baby [PEEP class](#) has started in the Nungate. The group is now represented on the Local Area Partnership. [Family Support Learning Courses](#)

**Musselburgh** The Musselburgh group have agreed priorities for the coming year and have refreshed its [action plan](#). Refreshing and developing the parent pathway for Musselburgh, more work with Dads, and working with the local area partnership on early learning are the key priority area.

**First Step programme April—June 2015** [Family Support Learning Courses](#)

**North Berwick** The group has a new co-lead Pamela Currie (Depute head of Law Primary) replacing Sandra who has moved onto a new role but will maintain a link with SFTS through her Local Area Partnership role. The group have been very busy supporting local projects, maintaining and developing the bursary scheme and the freecycle project—which has gone from strength to strength. The Freecycle project can now be contacted via facebook [Family Support Learning Courses](#)

**Prestonpans** The groups next meeting will be exploring how a bursary scheme similar to the one developed in North Berwick might work in the Prestonpans, Cockenzie, Port Seton & Longniddry area

[Family Support Learning Courses](#)

**Tranent** The group has just finished a series of three civic conversations on support for parents of children with additional needs, infant nutrition and early learning and childcare. These were lunchtime session open to anybody with an interest in the subject. The infant nutrition one was the best attended and a proposal to work with parents referred by the local health visiting team has been developed as a result. [Family Support Learning Courses](#)

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### FUTURE MEETING DATES

Musselburgh  
20/5/15  
14:00 - 15:30  
Walyford CC

Prestonpans  
6/5/15  
09:30-11:30  
Port Seton Comm Centre

Dunbar  
26/5/15  
18:30—20:00  
Easter Broomhouse

Tranent  
13/5/15  
12:30—14:30  
Sandersons Wynd

North Berwick  
15/6/15  
16:30—18:00  
North Berwick Comm Centre

Haddington  
12/5/15  
9:30 - 11:00  
Saltire Room John Muir

### GOOD NEWS

Welcome to Pamela Currie who is the new co lead for North Berwick SFTS. Pamela has been an active member of the group and will be working with Joyce McIntosh to keep the good work of the group going.



SFTS groups have now been invited to join most of the Local Area Partnerships and we look forward to working with the partnerships as their role develops over the coming year.

We will soon be launching a new partnership with STRIVE the East Lothian voluntary sector body to develop a volunteer role as nature champions—supporting local schools and nurseries to get children outdoors in natural spaces during the school day.



The SFTS from the annual review is now available—detailing work taken forward in the last year and featuring a case study from each area group. ([Link](#))

### CONTACT

For further information on any items included here or generally in relation to Support from the Start please email: [supportfromthestart@eastlothian.gov.uk](mailto:supportfromthestart@eastlothian.gov.uk)



# Healthy Happy Bairns

## [TRAINING & COURSES](#)

### National Early Years Conference

The *2015 National Early Years Conference* will take place on Thursday 21 May at Murrayfield Stadium, Edinburgh.

This year's conference theme is the '[Children and Young People \(Scotland\) Act 2014](#)'  
[Registration is now open](#)

New family engagement resource available for download from — <http://engagingwithfamilies.co.uk/>

New toolkit from the education endowment foundation. It reveals that a child's progress can be boosted by five months over a year if their parents get involved in their education – by reading and talking with them at home, for example.

<https://educationendowmentfoundation.org.uk/index.php/toolkit/early-years/about-the-early-years-toolkit/>

## [FUNDING](#)

See Me is Scotland's programme to tackle mental health stigma and discrimination. It is funded by the Scottish Government and Comic Relief and managed by Scottish Association for Mental Health and The Mental Health Foundation. Three funds will be opening for applications on 1 April 2015:

- [Community Innovation Fund](#) – grants for new and existing Change Networks (up to £20,000) for year-long projects focusing on behaviour change within communities. Last year, a total of £118,667 was awarded to six Change Networks.
- [Local Community Innovation Fund](#) – grants of up to £4,000 for small, local projects lasting between 2 and 6 months typically. Last year, a total of £63,840 was awarded to 18 local organisations.
- [Change Network Fund](#) – grants of up to £2,000 to develop partnership working around a specific theme or geographical area. This will be a rolling fund with applications being accepted between April 2015 and April 2016.

Deadline is 31st May 2015.

## [Early Years Collaborative](#)

### [Stretch Aims](#)

To ensure that women experience positive pregnancies which result in the birth of more healthy babies as evidenced by a reduction of 15% in the rates of stillbirths (from 4.9 per 1,000 births in 2010 to 4.3 per 1,000 births in 2015) and infant mortality (from 3.7 per 1,000 live births in 2010 to 3.1 per 1,000 live births in 2015).

To ensure that 85% of all children within each Community Planning Partnership have reached all of the expected developmental milestones at the time of the child's 27-30 month child health review, by end-2016.

To ensure that 90% of all children within each Community Planning Partnership have reached all of the expected developmental milestones at the time the child starts primary school, by end-2017

Hooked on Books is an East Lothian project that has used 'improvement methodology' to get children in pre school nurseries hooked on reading Here is a description of the project and how it used the EYC improvement methodology.

[Link to Hooked on Books poster](#)



[Child Safety Week 1– 7 June 2015](#)  
[First Step have new classes](#)



[Scotland's big nature festival 23–24 May 2015](#)

## [OTHER NEWS](#)

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