

**Raising Children with Confidence**  
**Books for Parents / Carers**



The Brain that Changes itself	N Doidge (2008)
Why Love Matters	S Gerhardt (2004)
Blame My Brain - The Amazing Teenage Brain Revealed	N Morgan (2007)
The Boy who was Raised as a Dog	B Perry & M Szalavitz (2006)
How to Talk so Children Listen and How to Listen so Children Talk	A Faber & E Mazlish (2001)
Nurtureshock	P Bronson & A Merryman (2010)
Pink Brain, Blue Brain	L Eliot (2009)
Blink: The Power of Thinking without Thinking	M Gladwell (2005)
Learned Optimism	M Seligman (2006)
What Every Parent Needs to Know	M Sunderland (2006)
The 5 Love Languages of Children	G Chapman & R Campbell (1997)
Toxic Childhood	S Palmer (2006)
Mindset	C Dweck
Raising Resilient Children	R Brooks & S Goldstein
Oh The Places You'll Go	Dr Seuss
Born to Love	B Perry & M Salavitz

These books and others can be obtained from all  
 East Lothian Libraries