

Dunbar & Area Support from the Start



Note of meeting held on Thurs 11th Feb

Present - Linden Ross, Liz Humphries, Jo McNamara, Laura Veitch, Carly Gillet, Fiona Masters, Katy Pollock, Steven Wray

Apologies - Steph & Rachel McElhinney, Michael Veitch, Karen Bell

Note of previous meeting - approved as read

Agenda

PEEP

Carly summarised the work of the sub group looking at how to develop PEEP and to target it more effectively. A number of ideas are being discussed (see attached note for full discussion)

- Running a group in partnership with the Harbour church group
- Working with the Breast feeding support group and the Baby club run by the health visitors
- Surveying the local community door to door for idea on early learning
- Working with the school to make an application to the attainment fund

Feedback on the current course has been very positive.

Laura had previously expressed interest in PEEP training and now feels she is in a position to take this on. Jo said that Chris Yule from Muddy Buddies is also keen to do the PEEP training.

Actions

The group agreed to support application from both Laura and Chris.

Sub-group led by Carly to meet again and develop ideas further on 1st March

Home-start

Katy informed the group that Home-start was hiring the Pop up shop in Dunbar from June 26th - 2nd July and there is an opportunity to have tasters of key things on the parent pathway in the shop.

Group agreed to support this and work with Katy on the details at future meeting.

Muddy Buddies

Muddy Buddies are formalising their procedures and may approach the group for help with insurance costs

Refugees

Linden will be presenting the bears and packs to refugee families that have arrived in East Lothian within the next week. Systems are in place for people to donate the bears with messages and publicity will be circulated early next week.

Baby Massage

Kate's course is now completed and Fiona's is about to start – the FB page is working well for promoting the course and links with the HV team are improving. Fiona and Kay requested support from the Baby massage specific funds for purchase of new mats and some other small items that require to be replaced. Group agreed this – Katie and Fiona to purchase keep receipts and claim from Susan Sammels.

Discussed the important role of sign posting for parents attending baby massage. An information box to be trialled at the Dunbar groups.

Events

Promotional play events with taster sessions of elements of the parent pathway discussed and the following suggested.

Pop Up shop with Home-start at end of June.

West Barns – July date. Action - Jo to book space and happy to lead on this session.

Innerwick – early August. Action to discuss with Suzie and other Innerwick parents the best way and time to do this.

East Linton – date ?? – Action Liz to discuss with playgroup Nicole Porter doing this session in conjunction with the play group.

Planning for these sessions to take place in March and April with pre –publicity circulated with the agenda for the May meeting which will be at the school.

DONM

Wed 16/3/16 6.30 pm at Linden's house
Tues 19/4/16 6.30 pm at Linden's house
Thu 19/5/16 Daytime at school
Tue 21/6/16 6.30 pm at Linden's house
Wed 24/8/16 6.30 pm at Linden's house
Thu 15/9/16 6.30 pm at Linden's house
Mon 24/10/16 6.30 pm at Linden's house
Wed 16/11/16 6.30 pm at Linden's house
Wed 7/12/16 at 12.30-2pm Xmas meeting.



Peep Steering Group
minutes.docx