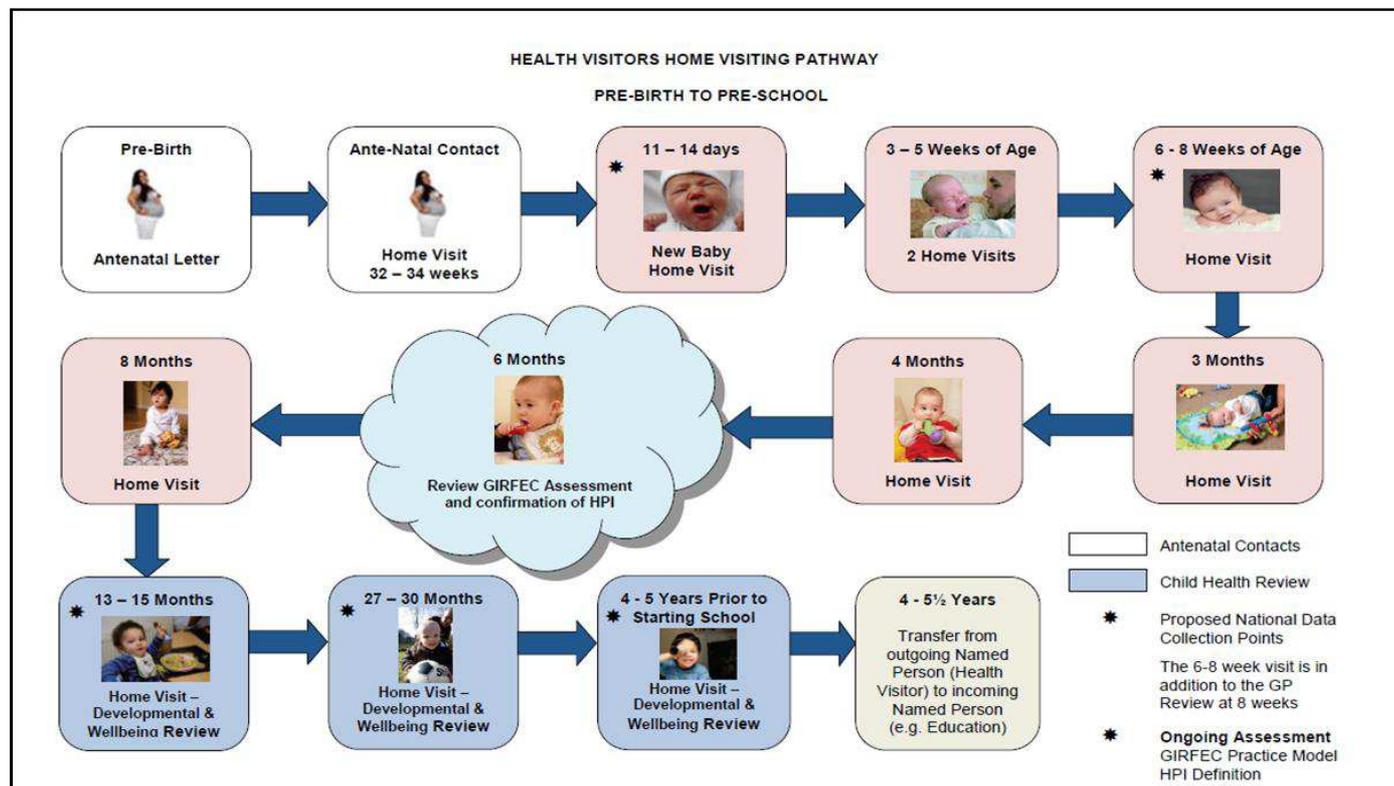


Update on Implementation of the Pre-Birth to Preschool Universal Pathway

In 2013 a new direction for Health Visiting was agreed focusing on the 0-5 age range. A new Universal Pathway for all children in Scotland was to start introducing this new model from October 2015 but due to shortages in qualified Health Visitors, this was delayed in many areas of Scotland, including Lothian.



THE PATHWAY

The Pathway is based on several underlying principles:

- ☞ Promoting, supporting and safeguarding the wellbeing of children
- ☞ Person-centredness
- ☞ Building strong relationships from pregnancy and continuity of carer
- ☞ Offering support during the early weeks and planning future contacts with families
- ☞ Focusing on family strengths, while assessing and respectfully responding to their needs.

getting
it right
for every child

HEALTH VISITOR'S

The contacts within the pathway are to be delivered by the specialist qualified Health Visitor in the future (as the number of Health Visitors increases incrementally). The aim of this is to provide consistent expertise, to support children and families. All families will receive all of these contacts and some will require additional contacts between these core visits, to meet their needs and circumstances. For mothers on the Family Nurse Programme, the antenatal and first 2 years of pathway will be delivered by Family Nurses

TRAINING

- All Health Visitors and Family Nurses have done 3 days training with QMU to support them in the new models ahead. A fourth day on Analysis and Decision-Making is being delivered between November and April.
- In addition NHS Lothian have organised training on the practical skills required for the new Pathway. These sessions will be for bands 4, 5, 6 & 7 and are being offered in localities and over multiple dates between October and April. The session will be 3 hours and will cover using the ASQ SE across age ranges, undertaking baby developmental assessments, tools for assessing other needs e.g. domestic abuse.

NHS Lothian — Health Visiting Service Conference:

We are planning a one-day conference at QMU to allow everyone to come together to learn more about the Pathway implementation and the future service and team models - there will key-note speakers, workshops and dedicated staff sessions. We have provisionally booked **Thursday 12 January 2017** at QMU so please keep an eye out for an invitation - unfortunately space is limited but we will offer places across all staff groups.

UNIVERSAL PATHWAY

OCT 2016:
1st Trimester
Pregnant
Women start
Pathway



Women who booked as pregnant prior to October 2016 (and their future child) will not be on new model of first year home visits, but will have some elements of the Child health programme (as described below)

APRIL/MAY
2017 onwards:
Babies born will
be on new
pathway model
of visits*



APRIL/MAY onwards 2017:
The new model of 12 home visits in the 0-5 years will be delivered by the full HV team: HV's, Staff Nurses and Nursery Nurses (with the HV responsible for allocation of visits)

MAY 2017 onwards:
New 13-15 month
developmental and
wellbeing assessment
commences for babies of
this age (ASQ, ASQ-SE,
new CHSP form)



MAY 2017 onwards:
New 13-15 month assessment introduced (for all babies turning that age regardless of whether they had the year 1 pathway)
This is a home visit assessment (* but can be done in clinic initially until team capacity allows), and will be delivered by the full HV team

2018-2020
ONWARDS



FROM 2018 - 2021 AND ONWARDS:
The Pathway will gradually move to specialist Health Visitor delivery, with additional support to families and early years work from the wider Health Visiting team

2020/2021
4-5 year old
preschool
assessment start for
the babies born
from May 2017 that
will be school intake
Aug 2021



Pathway fully implemented