



Healthy Start: FLOWCHART 1

Check list for pregnant woman

Are you under 18 years old?

Yes

Apply for Healthy Start

No

Are you on income support? (*)

Yes

Ask your midwife for the Healthy Start leaflet and complete application form (part B for midwife, part A for you). Post after 8 weeks of pregnancy. See also www.healthystart.nhs.uk

Do you have other children?

Do you receive Child Tax Credit, and is your household income less than £16,190?

Also consider requesting referral to a welfare rights advisor (WRA). There may be other sources of financial support they can help you access. On referral the WRA will need to see family income and you should bring evidence - payslips/P80s/ benefit & tax credit awards etc. The service is confidential.

- (*) Income support in this context means that you receive:
- Income Support or
 - Income-based Jobseeker's Allowance or
 - Income-related Employment and Support Allowance?

You should still check your Child Tax Credit entitlement. Call 0345 300 3900 or www.hmrc.gov.uk/leaflets/vrc2.pdf



Further info at www.healthystart.nhs.uk/
 Local Healthy Start film at: <https://vimeo.com/102126052>
 Local Facebook page: www.facebook.com/GettheHealthyStart

Call Healthy Start helpline if you change address 0345 607 6823



Healthy Start: FLOWCHART 2:

Check list for family with new baby

Did you receive Healthy Start vouchers during pregnancy?

Yes

Notify the Healthy Start helpline of the birth of your child so that vouchers continue. 0345 607 6823

Are you on income support? (*)

Yes

Apply for Healthy Start vouchers

Apply for Child Tax Credit

No

Is your household annual income less than £16,190?

Yes

Apply for Child Tax Credit (CTC)

Once in receipt of CTC apply for Healthy Start vouchers

No

You may still be eligible for Child Tax Credit

0345 300 3900

- (*) Income support in this context means that you receive:
- Income Support or
 - Income-based Jobseeker's Allowance or
 - Income-related Employment and Support Allowance?

www.hmrc.gov.uk/leaflets/vrc2.pdf

Call Healthy Start helpline if you change address 0345 607 6823