



NORTH BERWICK

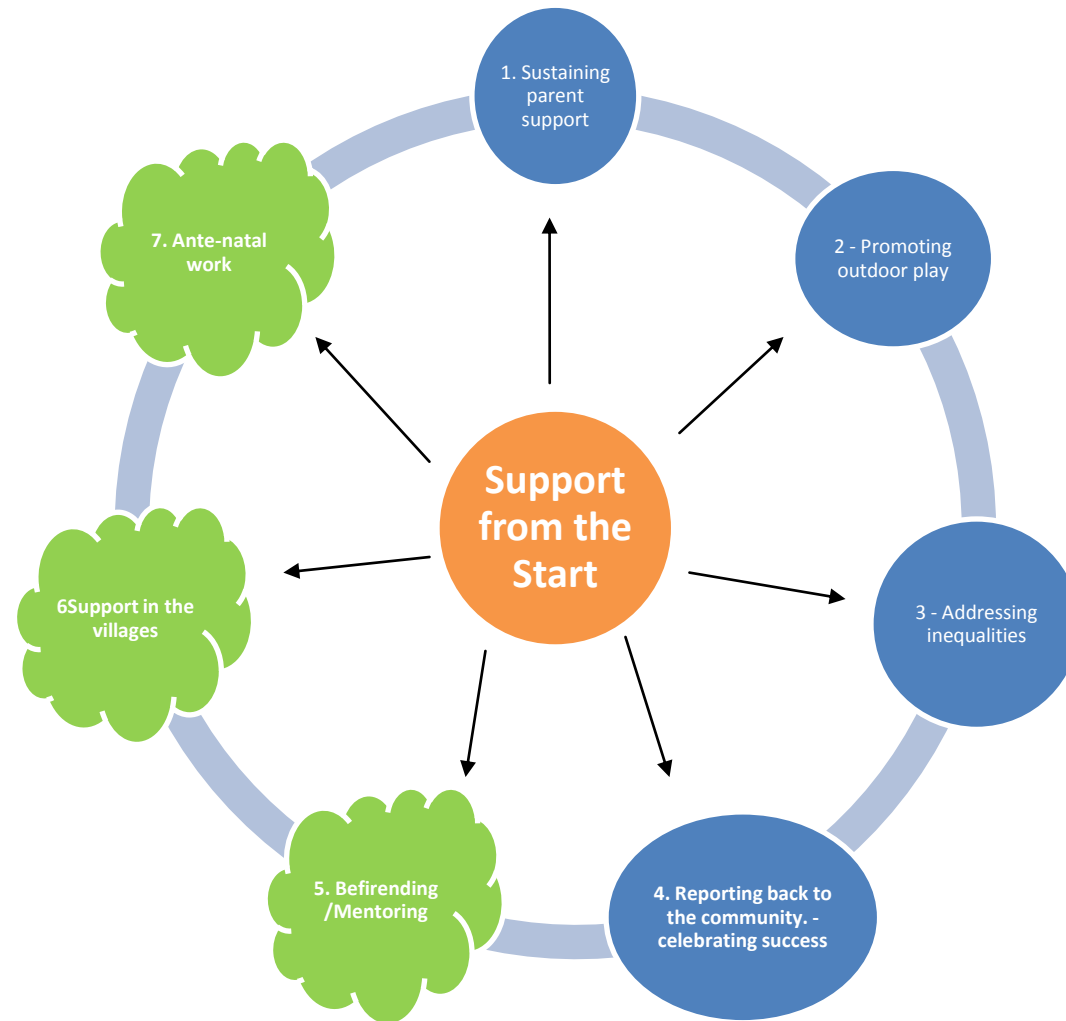
**SUPPORT
FROM THE START**

Action Plan 2015

April 2015

North Berwick Area Support from the Start Group Priorities

1. Sustaining parenting support
2. Promoting Outdoor Play
3. Addressing inequalities
4. Reporting back to the community – celebrating success!
5. Support in the Villages
6. Befriending/Mentoring
7. Ante-natal work



Key

Inner circle – core group -

meets 6-8 times per year


Outer circle – task groups

Cloud shape – groups forming
around new ideas / actions

Circle shape – groups already
formed / activity already
planned






Ideas to
explore.

No	Action & Ideas	Lead Officer / Agency	Outputs	Outcome area	Budget
1	<p><u>Sustaining Parenting Support</u> Confident Parents, Confident Children Group (including individual counselling) Healthy cookery sessions built in</p> <p>Healthy Minds, Happy babies (including individual counselling)</p> <p>Baby Group</p> <p>PEEP GROUP</p> <p>Raising Children with Confidence</p> <p>Baby Massage</p> <p>Infant nutrition  Maternal nutrition</p>	<p>CLD Ann Richardson Tracey Cunningham</p> <p>Nicky Fox Ann Richardson</p> <p>Jill Kynock</p> <p>June Gibberd Eilidh Ross Tracey Cunningham</p> <p>CLD Law Primary</p> <p>Jill Kynock</p> <p>Jo Holmes Donna Denton</p>	<p>Currently small numbers but with complex needs, current members will be involved in Stay and Play /PEEP until CLD appoint new worker.</p> <p>Group expanding, to complete Raising Children with Confidence Course.</p> <p>Group now running in Gullane</p> <p>PEEP group 7 weeks from 28 August-28 October Nursery</p> <p>4 courses completed – plan new course with Law Primary</p> <p>Sessions offered at Gullane.</p> <p>Sessions underway with parents</p>	<p>Have positive parenting and experience good attachments at an early stage.</p> <p>Can access quality childcare experiences.</p> <p>Have a good opportunity for play.</p> <p>Are protected from harm.</p> <p>Are healthy and happy.</p>	<p>Lottery Grant to May 2015 £10,000</p> <p>As above Fundraising</p> <p>Health Visiting Team</p> <p>NB Nursery</p> <p>Law Primary CLD</p> <p>Health Visiting Team</p> <p>Support from the Start £</p>

2	<p><u>Promoting Play Opportunities</u></p> <p>Planet Play, Law Primary</p> <p>Holiday Activities Creating opportunities for holiday activities for pre-5 children with additional support needs</p> <p>Outdoor wild play</p> <ul style="list-style-type: none"> 🍂 Weekend play strategy ‘Go mad with dad’ 🍂 Gorilla play 🍂 Lodge trail – fairies and goblins 🍂 Pop up play 🍂 Back to basics play 🍂 Write to Planning Dept about including naturally planted open play areas in new housing areas 🍂 Play Rangers – Play in the Park? <p>Child Safety Week? (street display on Support from the Start – building resilience??)</p>	<p>Kelly</p> <p>Alice Kinloch Joyce McIntosh Janice MacLeod Kirsty Wood</p>	<p>Funding for training – planet play</p> <p>Explore holiday activities for children with additional support need building on work already progressed.</p>	<p>Have a good opportunity for play Are ready to learn and achieve</p>	<p>Support from the Start £</p>
3.	<p><u>Addressing Inequalities</u></p> <p>Recycling of Clothes/ Baby Equipment</p>	<p>Tracey Cunningham Maureen Telford</p>	<p>Informal recycling of clothes and baby equipment, social media effective to locate and distribute items. 5</p>	<p>Communities and services for early years are inclusive and responsive</p> <p>Are not living in poverty</p>	<p>Stepping Out Fundraising</p>

	Bursary Scheme	June Gibberd Joyce McIntosh Alison Clark Sandra King	families have benefited – nursery furniture, prams/buggy/child seats/clothing. Club/groups. Raise awareness with groups of inclusion (offer assisted places) Encourage business sponsorship to support families access groups/services Referral process in place. 14 bursary places awarded. Talks to Head teachers, Rotary Club to sustain scheme.		Support from the Start £2,500
	Beach Wheelchairs	Jackie Tagg Alison	Funding to purchase paediatric beach wheelchair.		Support from the Start £2,225 Lottery funding £10,000 Fundraising
	North Berwick Music Therapy project	Nicky Fox	Music Therapy delivered at law Primary through Nordoff Robbins. Report due.		Stella Moffat
4.	<u>Reporting back to the community – celebrating success!</u>	CLD	Boards up in the	Communities and services for early years are inclusive and	

<p>Information leaflets</p> <p>SFTS East Lothian are working with the Council early years team to develop more parent friendly information</p> <p>Update under 5's leaflet</p> <ul style="list-style-type: none"> 🍂 Parent Pathway leaflet 🍂 Community council news letter article on importance of outdoor play 🍂 Info through the parent/toddler groups 🍂 Links to village playgroup 🍂 Resource library – dvd's etc 🍂 TV in GP's, Ante-natal clinic promote Support from the Start activities <p>It Takes a Community to Raise a Child – Healthy Happy Bairns Festival Event</p> <ul style="list-style-type: none"> 🍂 Set all the dates/venues for the year 🍂 Engaging other villages to come to meeting – leaflet schools, parents 🍂 Representation on Community partnership 	<p>Pauline McLaren Maddie Welsh</p> <p>Core group</p>	<p>Community Centre. A school leaver based at the Community Centre helped to develop the Community Centre website /FACEBOOK and exhibition boards which includes a link to SftS website.</p> <p>Local leaflets prepared in 2014 were updated and can be downloaded from web site</p> <p>Organise event to report back to the community on achievements</p>	<p>responsive</p> <p>Can access quality childcare experiences.</p> <p>Have a good opportunity for play.</p>	
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5	<p><u>Befriending/Mentoring</u></p> <p>Friends R Us Group</p> <ul style="list-style-type: none">  People behind us – volunteers  Recruit Support from the Start volunteers 	Jo Holmes Mel Kay Maureen Telford	Group meeting in Coffee Lounge Mon/Tues am during Playgroup time.	Communities and services for early years are inclusive and responsive. Can access quality childcare experiences.	
6.	<p><u>Support in the villages</u></p>	Dirleton Primary	Parent from Dirleton offered to help get a Toddler group up and running from the School. This is to be taken forward with the Head teacher.	Have a good opportunity for play	
7.	<p><u>Antenatal Work</u></p> <ul style="list-style-type: none">  Brain development (video from Raising Children with Confidence - build into ante-natal classes) 	Ann Richardson	Ongoing antenatal groups	Have positive parenting and experience good attachments at an early stage.	

Support from the Start outcomes

- ✓ Have positive parenting and experience good attachments at an early stage
- ✓ Are ready to learn and achieve
- ✓ Can access quality child care experiences
- ✓ Are healthy and happy
- ✓ Are not living in poverty
- ✓ Have a good opportunity for play
- ✓ Are protected from harm

Early Years Strategic priorities

1. Involving Parents, Children and Communities & Building Community Capacity
2. Streamlining Access to Services
3. Targeting support / Responding to David's Story
4. Improving children readiness to learn through play
5. Enhancing support to pre-conception, ante-natal & pre-school parents