

SUPPORT FROM THE START SERVICE DEVELOPMENT FUND REPORT FORM



Use this form to help with feedback from service development fund projects.

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Organisation: TaSK – Talented and Special Kidz
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Project TitleLego Therapy for TaSK

Partners and engagement (Who was involved?/

1. The **Plan**

What did you want to achieve / what was your plan?

TaSK is a social group for children who have been diagnosed as autistic or ADHD, and their families. It offers support and information for the families by providing social opportunities through play and where parents can share ideas and concerns. The group allows the children to play freely and helps siblings feel less isolated about having a brother or sister who has a diagnosis.

The aim of Lego Therapy was to encourage the children to take turns, take specific roles, engage in dialect with the other children. The plan was also to build the children's confidence and a sense of achievement when they completed a task.

2. **Do**

What did you do? (Please include successes, major events or milestones.)

The 2 Lego therapists worked with small groups of children, to take up individual roles in the organising and building of the Lego models. There was also other play areas set out to allow the children to take time out to enjoy other activities freely. There was also a room set out as a cinema for the children to relax and watch a movie. One major success was the number of children who were totally engrossed in the activities. The Lego therapy provided a relaxed and calm atmosphere for the children to enjoy the event. The children who attended find it hard to concentrate and stay on task for long periods of time but the Lego Therapy totally caught their imagination and creativity.

3. **Study**

On reflection do you think you achieved what you had planned to do? Can you evidence what you achieved?

The pilot surpassed our expectations of what we could achieve. The children were given the opportunity to participate in an activity which they would normally not have access to. Parents/carers would not normally participate in these types of activities as sometimes you feel uncomfortable as your child will not follow instruction or stay on task. In this relaxed environment where all the parents/carers are in the boat, there is no pressure or embarrassment.

**I have attached feedback forms from the parents/carers of the children who attended.*

**I have attached photos of the children taking part in the Lego Therapy.*

3a. Tell us about any difficulties and barriers to achieving your plan:

Due to the children being on the Autistic Spectrum we were unsure as to how they would react to the Lego Therapy. We were uncertain if the children would engage with the therapists, interact with each other and also stay on task to complete what was asked of them.

The children had become a bit unsettled when we moved into the movie room so this possibly something that we would not do again. Especially, after the children had taken part in the Lego Therapy and engaging so well with this. It may have been too much to ask of the children to sit and watch a movie.

4. **Act**

What are the next steps for your project? How can it be sustained and improved? Please include any key learning points that you want to share from your project.

The Lego therapy is definitely something that the parents/carers would be interested in doing again. The parents/carers are also interested in learning how to run these sessions ourselves.

If we were to run a session again, then we would do it for a morning only, max 2 hours. This would help the children focus and stay on task.

5. Financial report:

The funding that was received was used to pay for the pilot. Invoice attached.

6. Anything else you would like to add:

The children who attend TaSK find it really difficult to be accepted into main stream activities. People who run sports/after school activities try extremely hard to accommodate our children but all too often have to admit that they can't offer the support our children need. Parents/carers all too often find their children excluded from these activities and because of this they can become isolated.

The Lego Therapy Pilot allowed the children to be relaxed and engage in the activities freely without fear of being judged or excluded.



TaSK



LEGO THERAPY PILOT



Many thanks for your co-operation with this – reports should be returned to

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Or

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