

# The First 1000 Days: Healthy Minds & Happy Babies



**How the first 1000 days of a child's life can affect health, relationships and happiness**

**Keynote Speaker: Robin Balbernie**

Clinical Director, Parent Infant Partnership UK

**Free Learning Session. All Welcome**

**Friday 20<sup>th</sup> May '16**

**9.00-12.30**

Venue 1

Brunton Theatre

Musselburgh



**Open to:**

- Everybody supporting or working with parents and babies from conception to age 2 (e.g. community members, family, services and practitioners)

**Learn about:**

- Mental health benefits of a strong relationship between parents and baby
- Latest evidence and good practise in maternal and neo-natal care and support
- Practising skills (choice of two workshops)
- What we can all do to positively support strong relationships in the first 1000 days

To Book a place : <http://www.eventbrite.com/e/the-first-thousand-days-healthy-minds-happy-babies-tickets-22277537715>