

Dr Bike 'Health Check' & Free Bike Service

What better time of the year to get your bike out from the back of the shed or garage and prepare it in readiness for use when Spring arrives. Bikes are just like cars! They need to be checked and serviced regularly to ensure they don't suffer undue wear or break down and are safe to ride!

As part of **Climate Week**, East Lothian's Council has negotiated with local bike shops to provide a limited number of Dr Bike Maintenance Check-ups and a bike service for East Lothian Council employees.

From **21st to 27th March** you can take your bike along to one of the bike shops below to receive a **free Bike Check-Up** and **free Bike Service**. All you need is to show the staff your identification card as proof of identity.

The offer does not include any necessary replacement parts which will require to be paid by you.

With rising fuel costs, cycling, whether it be to commute to work or just for fun could save you £££'s and you can do your bit for carbon reduction and the environment and increase your physical activity levels at the same time! Don't put off, make that appointment with the 'Doctor' now!



- Belhaven Bikes, Rigg Service Station Belhaven Road, Dunbar Tel 01368 860300
- Law Cycles, 2 Law Road, North Berwick Tel 01620 890643
- Mikes Bikes, 3 High Street, Haddington, Tel 01620 825931
- BG Cycles & Blades, 48 High Street, Portobello Tele 0131 657 5832
- Leith Cycle Co, 1 Cadzow Place Abbeyhill, Edinburgh 0131 652 1760
- “ “ “ 276 Leith Walk, Edinburgh, 0131 467 7775

MAKE YOUR APPOINTMENT TO AVOID DISAPPOINTMENT