



East Lothian Council  
Council Buildings  
John Miller House  
, East Lothian  
EH41 3HA

61400 / 1072

September 2010

Dear Sir / Madam

We are a team of young volunteers at Brook, the young people's sexual health charity. We are delighted to introduce our new campaign, *Big issues don't have to be a big deal*, which we have just launched with the support of JLS.



### **JLS at Brook with the Brook campaign volunteers**

*Big issues don't have to be a big deal* is all about trying to address some of the pressures that might be put on young people by others around them. We hope the campaign will start to build confidence and self-esteem around these issues and help young people make positive and informed decisions regarding their relationships and sexual health.

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The posters enclosed address body image and pressure to have sex and offer support by pointing people to our helpline and website. The leaflet gives a little more information around these issues and there is a *Big issue don't have to be a big deals* section on the Brook website as well.

We love our campaign – we think it really helps young people in a straightforward and amusing way, without patronising them. We hope that it will have an impact.

We are also using the campaign materials as a way to raise money to support future work and they are for sale. If you would like to order more posters and some leaflets, please phone 0870 750 3082 or email [brook@adc-uk.com](mailto:brook@adc-uk.com).

2 of each poster and 50 leaflets for £10

5 of each poster and 200 leaflets for £20

10 of each poster and 500 leaflets for £35

Brook also has a wide range of other campaign materials and publications available at [www.brook.org.uk/resources](http://www.brook.org.uk/resources).

If you would like more information on us or our campaign, please look at our web pages at [www.brook.org.uk](http://www.brook.org.uk) or contact us on [nobigdeal@brook.org.uk](mailto:nobigdeal@brook.org.uk).

Yours sincerely

Fatima, Tan, Clare, Dimple and Lindsay,

**The Brook young campaign team**

free, confidential  
sexual health  
services and advice  
for young people.

**Ask Brook**  
**0808 802 1234**  
confidential help line  
for under 25s