



# What you say counts!

When talking to your child about maths.



[www.eastlothian.gov.uk](http://www.eastlothian.gov.uk)

## Do you know that what you say matters to how your child feels about maths?

### Please don't say...

- ✗ I can't do maths.
- ✗ I don't know how maths is taught today.
- ✗ You've got it wrong.
- ✗ You got 7 right.
- ✗ I didn't like maths at school.
- ✗ Oh that's really hard.

### Try to say...

- ✓ That's what I need to learn next.
- ✓ How many different ways can we work it out?
- ✓ This is a challenge – can we work it out together?
- ✓ You thought really carefully to solve those problems. Good effort.
- ✓ I wish I learned maths the way you are learning it now.
- ✓ That looks like a problem we can try and solve.

### Useful links and resources to help you help your child



**Parentzone Scotland**  
Numeracy has some practical ideas and information to support you to support your child's learning.  
[www.educationscotland.gov.uk/parentzone](http://www.educationscotland.gov.uk/parentzone)



**BBC Bitesize**  
BBC Bitesize offers a range of activities and support materials for children of all ages, including the new National Qualifications and the new Higher.  
[www.bbc.co.uk/bitesize](http://www.bbc.co.uk/bitesize)



**ICT Games** has a range of fun games for both numeracy and literacy and is also available as an app to download on your mobile device.  
[www.ictgames.com](http://www.ictgames.com)



**Sumdog** is a website with a range of games to make learning fun. Your child can practise or compete against other children in the world to improve accuracy and mental agility.  
[www.sumdog.com](http://www.sumdog.com)



**Mathletics** covers a range of activities linked to Curriculum for Excellence. It can support your child to improve upon previous results and it also provides an element of competition against other children within the UK and across the world.  
[www.mathletics.co.uk](http://www.mathletics.co.uk)



**Read Write Count** offers parents tips, ideas and activities that will help get children off to a great start in life.  
[www.readwritecount.scot](http://www.readwritecount.scot)