



East Lothian Council Youth Music Initiative

Free, Accessible Music-Making for Schools

With the onset of Covid-19, teachers are highlighting the critical need for additional support for the most vulnerable and least engaged young people in our schools. Accessible music-making can help alleviate stress, promote health and well-being, and offer a creative route for self-expression and confidence building.

How Can Music Help?

- Music-making can be a valuable personal coping strategy.
- Taking part in an enjoyable, uplifting, and engaging activity like music can be life-changing in wide-reaching ways.
- Music promotes wellbeing and resilience, improves learning across all subjects and develops essential life and work skills like teamwork, communication and creative thinking.



A new music manifesto for young people in Scotland

Nurture, Recovery & Reconnect



10 things schools should know about learning music.

We Are the Music.
A film about East Lothian YMI



Youth Music Initiative (National)

What Can YMI Offer?

- YMI supports children in developing their enthusiasm for, and skills in music making, as part of a range of efforts to prevent the attainment gap from widening even further as a result of Covid-19.
- Fully funded by Scottish Government, YMI prioritises working with schools in more disadvantaged areas, and with vulnerable groups including ASN.
- It offers FREE Covid-safe music-making to primary class bubbles and S1 & 2 groups, indoors, outdoors or online.
- YMI aims align closely with the [Six Nurture Principles](#) promoted across East Lothian schools.

To book a project or find out more [visit our pages](#)

