



East Lothian Council Youth Music Initiative

Free, Accessible Music-Making for Schools

As we come out of the pandemic, teachers are highlighting the critical need for additional support for the most vulnerable and least engaged young people in our schools. Accessible music-making can help alleviate stress, promote health and well-being, and offer a creative route for self-expression and confidence building.



How Can Music Help?

- Music-making can be a valuable personal coping strategy.
- Taking part in an enjoyable, uplifting, and engaging activity like music can be life-changing in wide-reaching ways.
- Music promotes wellbeing and resilience, improves learning across all subjects and develops essential life and work skills like teamwork, communication and creative thinking.



A new music manifesto for young people in Scotland

Nurture, Recovery & Reconnect



10 things schools should know about learning music.

We Are the Music.
A film about East Lothian YMI



Youth Music Initiative (National)

What Can YMI Offer?

- YMI supports children in developing their enthusiasm for, and skills in music making, as part of a range of efforts to prevent the attainment gap from widening even further as a consequence of the pandemic.
- Fully funded by Scottish Government, YMI prioritises working with schools in more disadvantaged areas, and with vulnerable groups including ASN.
- FREE, accessible music-making either indoors, outdoors or online.
- YMI aims align closely with the [Six Nurture Principles](#) promoted across East Lothian schools.

To book a project or find out more [visit our pages](#)

